

Ponquoque Point, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:19	2.9	7:38	2.7	1:21	0.0	1:53	-0.1	6:23	5:41	
2	Sun	7:56	2.9	8:15	2.7	1:58	-0.1	2:25	-0.1	6:21	5:42	
3	Mon	8:33	2.9	8:53	2.8	2:34	-0.1	2:56	-0.1	6:20	5:43	
4	Tue	9:11	2.9	9:32	2.8	3:09	-0.1	3:27	-0.1	6:18	5:44	
5	Wed	9:50	2.8	10:12	2.9	3:45	0.0	3:58	0.0	6:17	5:45	
6	Thu	10:30	2.7	10:53	2.8	4:22	0.1	4:32	0.1	6:15	5:46	
7	Fri	11:12	2.5	11:38	2.8	5:04	0.2	5:10	0.1	6:13	5:48	
8	Sat	11:58	2.4			5:52	0.3	5:55	0.2	6:12	5:49	
9	Sun	12:27	2.8	12:49	2.3	6:50	0.4	6:51	0.3	6:10	5:50	
10	Mon	1:22	2.8	1:48	2.3	7:54	0.4	7:55	0.3	6:09	5:51	
11	Tue	2:24	2.8	2:53	2.3	9:00	0.3	9:01	0.2	6:07	5:52	
12	Wed	3:28	3.0	3:58	2.5	10:03	0.2	10:07	0.0	6:05	5:53	
13	Thu	4:29	3.1	4:58	2.7	11:02	0.0	11:10	-0.2	6:04	5:54	
14	Fri	5:26	3.3	5:53	3.0	11:56	-0.3			6:02	5:55	
15	Sat	6:19	3.5	6:45	3.3	12:09	-0.4	12:47	-0.5	6:00	5:56	
16	Sun	7:10	3.6	7:35	3.5	1:05	-0.6	1:35	-0.6	5:59	5:57	
17	Mon	8:00	3.6	8:25	3.6	1:57	-0.7	2:22	-0.7	5:57	5:59	
18	Tue	8:50	3.5	9:15	3.7	2:48	-0.7	3:07	-0.6	5:55	6:00	
19	Wed	9:40	3.3	10:06	3.6	3:39	-0.6	3:54	-0.5	5:54	6:01	
20	Thu	10:30	3.1	10:57	3.4	4:31	-0.4	4:42	-0.3	5:52	6:02	
21	Fri	11:21	2.8	11:50	3.2	5:26	-0.2	5:34	-0.1	5:50	6:03	
22	Sat			12:15	2.6	6:27	0.1	6:32	0.2	5:49	6:04	
23	Sun	12:45	3.0	1:12	2.4	7:32	0.3	7:37	0.3	5:47	6:05	
24	Mon	1:45	2.8	2:16	2.3	8:38	0.4	8:43	0.4	5:45	6:06	
25	Tue	2:49	2.7	3:24	2.2	9:41	0.4	9:46	0.5	5:44	6:07	
26	Wed	3:53	2.7	4:25	2.3	10:37	0.4	10:44	0.4	5:42	6:08	
27	Thu	4:49	2.7	5:15	2.5	11:26	0.3	11:34	0.3	5:40	6:09	
28	Fri	5:34	2.8	5:56	2.6			12:08	0.3	5:39	6:10	
29	Sat	6:14	2.8	6:34	2.8	12:19	0.2	12:44	0.2	5:37	6:11	
30	Sun	6:51	2.9	7:10	2.9	12:59	0.2	1:18	0.1	5:35	6:12	
31	Mon	7:28	2.9	7:46	3.0	1:36	0.1	1:50	0.1	5:34	6:13	