

Ponquoque Point, NY - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:34	3.2	8:58	3.2	2:33	-0.5	2:57	-0.5	6:24	5:40	
2	Mon	9:17	3.1	9:42	3.2	3:19	-0.4	3:35	-0.4	6:22	5:41	
3	Tue	10:00	2.8	10:25	3.1	4:03	-0.3	4:13	-0.2	6:21	5:42	
4	Wed	10:43	2.6	11:09	3.0	4:48	-0.1	4:52	-0.1	6:19	5:43	
5	Thu	11:26	2.4	11:54	2.8	5:36	0.1	5:33	0.2	6:18	5:45	
6	Fri			12:12	2.2	6:30	0.4	6:20	0.4	6:16	5:46	
7	Sat	12:43	2.7	1:03	2.0	7:31	0.5	7:16	0.5	6:14	5:47	
8	Sun	1:38	2.5	2:01	1.9	8:36	0.6	8:20	0.6	6:13	5:48	
9	Mon	2:41	2.5	3:08	1.9	9:41	0.6	9:24	0.6	6:11	5:49	
10	Tue	3:46	2.5	4:13	2.0	10:39	0.5	10:24	0.5	6:10	5:50	
11	Wed	4:43	2.6	5:07	2.1	11:28	0.4	11:18	0.4	6:08	5:51	
12	Thu	5:30	2.7	5:52	2.3			12:09	0.3	6:06	5:52	
13	Fri	6:12	2.9	6:32	2.6	12:06	0.2	12:46	0.1	6:05	5:53	
14	Sat	6:52	3.0	7:11	2.8	12:49	0.1	1:19	0.0	6:03	5:55	
15	Sun	7:30	3.0	7:50	3.0	1:30	-0.1	1:52	-0.1	6:01	5:56	
16	Mon	8:09	3.0	8:30	3.2	2:09	-0.2	2:24	-0.2	6:00	5:57	
17	Tue	8:50	3.0	9:12	3.3	2:49	-0.2	2:58	-0.2	5:58	5:58	
18	Wed	9:32	2.9	9:56	3.3	3:30	-0.2	3:34	-0.2	5:57	5:59	
19	Thu	10:17	2.7	10:43	3.3	4:15	-0.1	4:14	-0.1	5:55	6:00	
20	Fri	11:06	2.6	11:35	3.2	5:05	0.0	5:00	0.0	5:53	6:01	
21	Sat	11:59	2.4			6:04	0.2	5:56	0.1	5:52	6:02	
22	Sun	12:32	3.1	1:00	2.3	7:13	0.3	7:05	0.3	5:50	6:03	
23	Mon	1:37	3.0	2:09	2.2	8:27	0.3	8:22	0.3	5:48	6:04	
24	Tue	2:47	3.0	3:23	2.3	9:37	0.3	9:37	0.2	5:47	6:05	
25	Wed	3:58	3.0	4:32	2.5	10:40	0.1	10:46	0.1	5:45	6:06	
26	Thu	5:00	3.1	5:30	2.8	11:35	0.0	11:48	0.0	5:43	6:07	
27	Fri	5:54	3.2	6:20	3.1			12:23	-0.1	5:42	6:08	
28	Sat	6:42	3.2	7:05	3.3	12:42	-0.2	1:06	-0.2	5:40	6:09	
29	Sun	7:26	3.2	7:47	3.4	1:31	-0.3	1:46	-0.3	5:38	6:11	
30	Mon	8:07	3.1	8:28	3.4	2:15	-0.3	2:24	-0.2	5:37	6:12	
31	Tue	8:49	2.9	9:09	3.4	2:57	-0.2	3:00	-0.1	5:35	6:13	