

Ponquoque Point, NY - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:48	2.7	3:32	2.8	9:28	0.4	10:07	0.7	5:20	8:15	
2	Sat	3:45	2.5	4:27	2.9	10:16	0.5	11:03	0.6	5:20	8:15	
3	Sun	4:40	2.4	5:16	3.0	11:00	0.5	11:55	0.6	5:19	8:16	
4	Mon	5:31	2.4	6:00	3.1	11:43	0.5			5:19	8:17	
5	Tue	6:17	2.4	6:41	3.2	12:42	0.5	12:24	0.5	5:18	8:17	
6	Wed	6:59	2.4	7:20	3.3	1:25	0.4	1:05	0.4	5:18	8:18	
7	Thu	7:39	2.5	7:59	3.3	2:06	0.4	1:44	0.4	5:18	8:19	
8	Fri	8:20	2.5	8:39	3.4	2:44	0.3	2:23	0.4	5:18	8:19	
9	Sat	9:01	2.5	9:20	3.4	3:22	0.3	3:02	0.4	5:18	8:20	
10	Sun	9:43	2.6	10:01	3.4	3:58	0.3	3:40	0.4	5:17	8:20	
11	Mon	10:27	2.6	10:44	3.3	4:35	0.3	4:20	0.4	5:17	8:21	
12	Tue	11:13	2.6	11:29	3.2	5:13	0.3	5:03	0.4	5:17	8:21	
13	Wed			12:00	2.7	5:54	0.3	5:52	0.5	5:17	8:22	
14	Thu	12:15	3.2	12:49	2.8	6:38	0.3	6:49	0.5	5:17	8:22	
15	Fri	1:04	3.0	1:41	2.9	7:26	0.3	7:53	0.5	5:17	8:23	
16	Sat	1:57	2.9	2:37	3.1	8:18	0.2	9:00	0.5	5:17	8:23	
17	Sun	2:55	2.8	3:36	3.3	9:12	0.2	10:06	0.4	5:17	8:23	
18	Mon	3:56	2.7	4:36	3.5	10:08	0.1	11:10	0.3	5:17	8:24	
19	Tue	4:59	2.7	5:35	3.7	11:04	0.1			5:18	8:24	
20	Wed	5:59	2.7	6:31	3.8	12:12	0.1	12:03	0.0	5:18	8:24	
21	Thu	6:56	2.8	7:26	3.9	1:12	0.0	1:01	-0.1	5:18	8:25	
22	Fri	7:51	2.9	8:18	4.0	2:08	-0.1	1:58	-0.1	5:18	8:25	
23	Sat	8:45	2.9	9:10	3.9	3:01	-0.2	2:53	-0.1	5:18	8:25	
24	Sun	9:38	2.9	10:01	3.8	3:51	-0.2	3:46	-0.1	5:19	8:25	
25	Mon	10:31	3.0	10:51	3.6	4:39	-0.1	4:38	0.0	5:19	8:25	
26	Tue	11:23	3.0	11:40	3.3	5:26	-0.1	5:31	0.2	5:19	8:25	
27	Wed			12:14	2.9	6:13	0.1	6:26	0.4	5:20	8:25	
28	Thu	12:28	3.1	1:04	2.9	7:00	0.2	7:25	0.5	5:20	8:25	
29	Fri	1:16	2.8	1:54	2.9	7:49	0.3	8:26	0.7	5:21	8:25	
30	Sat	2:05	2.6	2:45	2.9	8:37	0.5	9:26	0.7	5:21	8:25	