

Ponquoque Point, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:57	2.4	3:38	2.9	9:25	0.5	10:23	0.7	5:22	8:25	
2	Mon	3:52	2.3	4:32	2.9	10:12	0.6	11:18	0.7	5:22	8:25	
3	Tue	4:48	2.3	5:23	3.0	10:59	0.6			5:23	8:25	
4	Wed	5:40	2.3	6:10	3.1	12:09	0.7	11:46 AM	0.6	5:23	8:25	
5	Thu	6:28	2.3	6:54	3.2	12:57	0.6	12:33	0.5	5:24	8:24	
6	Fri	7:13	2.4	7:36	3.3	1:42	0.5	1:18	0.5	5:24	8:24	
7	Sat	7:56	2.5	8:17	3.4	2:22	0.4	2:01	0.4	5:25	8:24	
8	Sun	8:39	2.6	8:58	3.4	3:00	0.3	2:42	0.3	5:26	8:23	
9	Mon	9:21	2.7	9:40	3.4	3:36	0.2	3:23	0.3	5:26	8:23	
10	Tue	10:05	2.8	10:22	3.4	4:11	0.2	4:05	0.3	5:27	8:23	
11	Wed	10:50	2.9	11:06	3.3	4:47	0.1	4:49	0.3	5:28	8:22	
12	Thu	11:36	3.0	11:51	3.2	5:25	0.1	5:37	0.3	5:28	8:22	
13	Fri			12:24	3.1	6:06	0.1	6:31	0.4	5:29	8:21	
14	Sat	12:39	3.0	1:15	3.2	6:52	0.1	7:32	0.4	5:30	8:21	
15	Sun	1:31	2.9	2:10	3.3	7:44	0.2	8:39	0.5	5:31	8:20	
16	Mon	2:28	2.7	3:10	3.4	8:41	0.2	9:47	0.4	5:31	8:20	
17	Tue	3:31	2.6	4:13	3.5	9:42	0.2	10:55	0.4	5:32	8:19	
18	Wed	4:37	2.6	5:17	3.6	10:45	0.2			5:33	8:18	
19	Thu	5:42	2.6	6:17	3.7	12:00	0.3	11:48 AM	0.1	5:34	8:18	
20	Fri	6:42	2.7	7:12	3.8	1:00	0.2	12:50	0.0	5:35	8:17	
21	Sat	7:37	2.9	8:04	3.8	1:56	0.0	1:48	0.0	5:36	8:16	
22	Sun	8:29	3.0	8:53	3.7	2:45	-0.1	2:42	0.0	5:37	8:15	
23	Mon	9:19	3.1	9:40	3.6	3:31	-0.1	3:32	0.0	5:37	8:14	
24	Tue	10:07	3.1	10:26	3.5	4:13	-0.1	4:20	0.1	5:38	8:14	
25	Wed	10:54	3.1	11:10	3.3	4:54	0.0	5:07	0.2	5:39	8:13	
26	Thu	11:39	3.1	11:54	3.0	5:34	0.1	5:55	0.4	5:40	8:12	
27	Fri			12:24	3.1	6:14	0.3	6:45	0.5	5:41	8:11	
28	Sat	12:37	2.8	1:10	3.0	6:57	0.4	7:40	0.7	5:42	8:10	
29	Sun	1:23	2.6	1:58	2.9	7:42	0.6	8:38	0.8	5:43	8:09	
30	Mon	2:11	2.4	2:50	2.9	8:32	0.7	9:39	0.9	5:44	8:08	
31	Tue	3:06	2.3	3:46	2.9	9:25	0.7	10:38	0.9	5:45	8:07	