

Ponquoque Point, NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:05	2.2	4:45	2.9	10:19	0.7	11:35	0.8	5:46	8:06	
2	Thu	5:05	2.2	5:39	3.0	11:13	0.7			5:47	8:05	
3	Fri	5:59	2.3	6:27	3.2	12:26	0.7	12:05	0.6	5:48	8:04	
4	Sat	6:47	2.5	7:11	3.3	1:12	0.6	12:54	0.5	5:49	8:02	
5	Sun	7:32	2.7	7:53	3.4	1:53	0.4	1:40	0.4	5:50	8:01	
6	Mon	8:14	2.8	8:34	3.5	2:30	0.3	2:24	0.2	5:51	8:00	
7	Tue	8:57	3.0	9:16	3.5	3:06	0.2	3:07	0.2	5:52	7:59	
8	Wed	9:40	3.2	9:58	3.5	3:41	0.1	3:50	0.1	5:53	7:58	
9	Thu	10:25	3.3	10:43	3.4	4:17	0.0	4:34	0.1	5:54	7:56	
10	Fri	11:11	3.4	11:29	3.2	4:55	0.0	5:22	0.2	5:55	7:55	
11	Sat	11:59	3.5			5:36	0.0	6:15	0.3	5:56	7:54	
12	Sun	12:17	3.0	12:51	3.5	6:23	0.1	7:15	0.4	5:57	7:52	
13	Mon	1:10	2.8	1:47	3.4	7:17	0.2	8:23	0.5	5:58	7:51	
14	Tue	2:08	2.7	2:49	3.4	8:19	0.3	9:34	0.5	5:59	7:50	
15	Wed	3:13	2.5	3:56	3.4	9:27	0.4	10:44	0.5	5:59	7:48	
16	Thu	4:24	2.5	5:04	3.4	10:36	0.4	11:49	0.4	6:00	7:47	
17	Fri	5:32	2.6	6:06	3.5	11:42	0.3			6:01	7:46	
18	Sat	6:32	2.8	7:00	3.6	12:48	0.3	12:44	0.2	6:02	7:44	
19	Sun	7:25	3.0	7:49	3.6	1:39	0.2	1:40	0.1	6:03	7:43	
20	Mon	8:12	3.1	8:33	3.6	2:24	0.1	2:30	0.1	6:04	7:41	
21	Tue	8:56	3.2	9:15	3.5	3:04	0.0	3:16	0.1	6:05	7:40	
22	Wed	9:38	3.3	9:56	3.3	3:42	0.0	3:58	0.1	6:06	7:38	
23	Thu	10:20	3.3	10:37	3.2	4:18	0.1	4:40	0.2	6:07	7:37	
24	Fri	11:01	3.3	11:18	3.0	4:53	0.2	5:21	0.4	6:08	7:35	
25	Sat	11:43	3.2	11:59	2.8	5:28	0.4	6:05	0.5	6:09	7:34	
26	Sun			12:26	3.1	6:06	0.5	6:53	0.7	6:10	7:32	
27	Mon	12:43	2.6	1:13	3.0	6:48	0.7	7:49	0.9	6:11	7:31	
28	Tue	1:31	2.4	2:05	2.9	7:39	0.8	8:53	0.9	6:12	7:29	
29	Wed	2:25	2.3	3:03	2.9	8:38	0.9	9:57	1.0	6:13	7:27	
30	Thu	3:26	2.3	4:05	2.9	9:41	0.9	10:56	0.9	6:14	7:26	
31	Fri	4:30	2.3	5:04	3.0	10:41	0.8	11:48	0.8	6:15	7:24	