

Ponquoque Point, NY - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	2.5	5:56	3.1	11:37	0.7			6:16	7:23	
2	Sun	6:19	2.7	6:43	3.3	12:34	0.6	12:29	0.5	6:17	7:21	
3	Mon	7:04	2.9	7:26	3.4	1:15	0.4	1:17	0.3	6:18	7:19	
4	Tue	7:47	3.2	8:08	3.5	1:53	0.2	2:03	0.1	6:19	7:18	
5	Wed	8:30	3.4	8:51	3.5	2:31	0.1	2:48	0.0	6:20	7:16	
6	Thu	9:14	3.6	9:34	3.5	3:08	0.0	3:33	-0.1	6:21	7:15	
7	Fri	9:59	3.7	10:20	3.3	3:46	-0.1	4:18	0.0	6:22	7:13	
8	Sat	10:46	3.8	11:08	3.2	4:27	-0.1	5:07	0.1	6:23	7:11	
9	Sun	11:36	3.7	11:59	3.0	5:11	0.0	6:00	0.2	6:24	7:10	
10	Mon			12:30	3.6	6:00	0.2	7:01	0.4	6:25	7:08	
11	Tue	12:54	2.8	1:28	3.5	6:58	0.3	8:11	0.5	6:26	7:06	
12	Wed	1:55	2.6	2:33	3.3	8:07	0.5	9:25	0.6	6:27	7:04	
13	Thu	3:03	2.5	3:43	3.3	9:22	0.5	10:34	0.5	6:28	7:03	
14	Fri	4:17	2.6	4:52	3.3	10:34	0.5	11:35	0.5	6:29	7:01	
15	Sat	5:25	2.7	5:54	3.3	11:40	0.4			6:30	6:59	
16	Sun	6:22	2.9	6:45	3.3	12:28	0.3	12:38	0.3	6:31	6:58	
17	Mon	7:09	3.1	7:29	3.3	1:15	0.2	1:29	0.2	6:32	6:56	
18	Tue	7:50	3.3	8:09	3.3	1:56	0.2	2:15	0.2	6:33	6:54	
19	Wed	8:29	3.4	8:48	3.2	2:33	0.1	2:56	0.1	6:34	6:53	
20	Thu	9:07	3.4	9:26	3.1	3:07	0.2	3:35	0.2	6:35	6:51	
21	Fri	9:45	3.4	10:04	3.0	3:40	0.2	4:12	0.2	6:36	6:49	
22	Sat	10:24	3.4	10:43	2.9	4:12	0.3	4:50	0.4	6:37	6:48	
23	Sun	11:04	3.3	11:25	2.7	4:46	0.4	5:29	0.5	6:38	6:46	
24	Mon	11:48	3.2			5:21	0.6	6:14	0.7	6:39	6:44	
25	Tue	12:09	2.5	12:34	3.1	6:02	0.7	7:06	0.8	6:40	6:42	
26	Wed	12:57	2.4	1:25	2.9	6:52	0.8	8:08	0.9	6:41	6:41	
27	Thu	1:51	2.3	2:22	2.9	7:54	0.9	9:13	0.9	6:42	6:39	
28	Fri	2:51	2.3	3:23	2.9	9:04	0.9	10:12	0.8	6:43	6:37	
29	Sat	3:55	2.4	4:24	2.9	10:09	0.8	11:03	0.7	6:44	6:36	
30	Sun	4:55	2.6	5:20	3.0	11:08	0.6	11:49	0.5	6:45	6:34	