

Ponquoque Point, NY - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:50	3.6	6:13	3.1			12:20	-0.1	6:20	4:46	
2	Fri	6:38	3.9	7:01	3.1	12:20	-0.2	1:10	-0.3	6:21	4:45	
3	Sat	7:25	4.0	7:50	3.1	1:07	-0.3	2:00	-0.4	6:22	4:44	
4	Sun	8:15	4.0	8:41	3.0	1:55	-0.3	2:50	-0.4	6:24	4:43	
5	Mon	9:07	3.9	9:34	2.9	2:44	-0.3	3:42	-0.3	6:25	4:41	
6	Tue	10:01	3.7	10:31	2.8	3:36	-0.1	4:36	-0.1	6:26	4:40	
7	Wed	10:57	3.5	11:29	2.7	4:32	0.0	5:36	0.0	6:27	4:39	
8	Thu	11:55	3.2			5:36	0.2	6:40	0.2	6:28	4:38	
9	Fri	12:32	2.6	12:55	3.0	6:49	0.4	7:44	0.2	6:29	4:37	
10	Sat	1:37	2.6	1:59	2.8	8:04	0.5	8:44	0.3	6:31	4:36	
11	Sun	2:44	2.6	3:03	2.6	9:12	0.4	9:37	0.2	6:32	4:35	
12	Mon	3:45	2.8	4:02	2.6	10:13	0.4	10:24	0.2	6:33	4:34	
13	Tue	4:36	2.9	4:52	2.5	11:07	0.3	11:07	0.2	6:34	4:33	
14	Wed	5:19	3.0	5:36	2.5	11:54	0.2	11:46	0.2	6:35	4:33	
15	Thu	5:57	3.1	6:14	2.5			12:36	0.2	6:37	4:32	
16	Fri	6:33	3.2	6:52	2.5	12:24	0.2	1:15	0.1	6:38	4:31	
17	Sat	7:10	3.2	7:30	2.5	1:00	0.2	1:52	0.1	6:39	4:30	
18	Sun	7:47	3.2	8:08	2.4	1:35	0.2	2:28	0.1	6:40	4:29	
19	Mon	8:26	3.2	8:49	2.4	2:10	0.2	3:04	0.1	6:41	4:29	
20	Tue	9:07	3.1	9:31	2.4	2:46	0.2	3:41	0.2	6:42	4:28	
21	Wed	9:49	3.1	10:16	2.3	3:23	0.3	4:20	0.2	6:44	4:27	
22	Thu	10:33	3.0	11:03	2.3	4:03	0.4	5:02	0.3	6:45	4:27	
23	Fri	11:20	2.8	11:53	2.3	4:50	0.5	5:48	0.3	6:46	4:26	
24	Sat			12:09	2.7	5:46	0.5	6:39	0.3	6:47	4:25	
25	Sun	12:46	2.4	1:02	2.6	6:51	0.5	7:31	0.3	6:48	4:25	
26	Mon	1:42	2.6	1:59	2.6	7:59	0.5	8:23	0.2	6:49	4:24	
27	Tue	2:40	2.8	2:59	2.5	9:04	0.3	9:15	0.0	6:50	4:24	
28	Wed	3:37	3.0	3:58	2.6	10:05	0.1	10:06	-0.1	6:51	4:24	
29	Thu	4:32	3.3	4:55	2.6	11:03	-0.1	10:58	-0.2	6:52	4:23	
30	Fri	5:25	3.6	5:48	2.7			12:00	-0.3	6:53	4:23	