

Ponquoque Point, NY - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:40	2.5	3:54	2.1	10:19	0.2	10:14	0.1	7:14	4:32	
2	Sun	4:30	2.6	4:46	2.0	11:10	0.2	10:59	0.1	7:14	4:33	
3	Mon	5:14	2.7	5:31	2.1	11:57	0.1	11:42	0.0	7:14	4:34	
4	Tue	5:55	2.8	6:13	2.1			12:39	0.0	7:14	4:35	
5	Wed	6:35	2.9	6:54	2.2	12:23	0.0	1:19	-0.1	7:14	4:35	
6	Thu	7:13	3.0	7:34	2.2	1:02	-0.1	1:56	-0.1	7:14	4:36	
7	Fri	7:53	3.0	8:14	2.3	1:41	-0.1	2:31	-0.2	7:14	4:37	
8	Sat	8:33	3.0	8:56	2.3	2:18	-0.1	3:06	-0.2	7:14	4:38	
9	Sun	9:13	3.0	9:39	2.4	2:55	-0.1	3:42	-0.2	7:14	4:39	
10	Mon	9:55	2.9	10:23	2.4	3:34	-0.1	4:18	-0.2	7:13	4:40	
11	Tue	10:39	2.8	11:09	2.5	4:17	0.0	4:58	-0.2	7:13	4:41	
12	Wed	11:25	2.7	11:59	2.5	5:06	0.0	5:42	-0.2	7:13	4:42	
13	Thu			12:15	2.6	6:02	0.1	6:32	-0.2	7:13	4:44	
14	Fri	12:51	2.6	1:09	2.5	7:07	0.1	7:27	-0.2	7:12	4:45	
15	Sat	1:49	2.7	2:09	2.4	8:15	0.1	8:25	-0.2	7:12	4:46	
16	Sun	2:50	2.9	3:13	2.3	9:22	0.0	9:25	-0.3	7:11	4:47	
17	Mon	3:52	3.1	4:17	2.4	10:27	-0.2	10:25	-0.4	7:11	4:48	
18	Tue	4:52	3.3	5:18	2.5	11:30	-0.4	11:25	-0.5	7:11	4:49	
19	Wed	5:49	3.4	6:14	2.6			12:28	-0.5	7:10	4:50	
20	Thu	6:42	3.5	7:08	2.7	12:24	-0.6	1:22	-0.6	7:09	4:51	
21	Fri	7:34	3.6	8:00	2.8	1:19	-0.7	2:12	-0.7	7:09	4:53	
22	Sat	8:24	3.5	8:52	2.8	2:12	-0.7	3:00	-0.7	7:08	4:54	
23	Sun	9:14	3.4	9:42	2.8	3:03	-0.6	3:46	-0.7	7:08	4:55	
24	Mon	10:02	3.2	10:32	2.7	3:54	-0.5	4:32	-0.5	7:07	4:56	
25	Tue	10:50	2.9	11:22	2.7	4:45	-0.3	5:18	-0.4	7:06	4:57	
26	Wed	11:37	2.7			5:39	-0.1	6:06	-0.2	7:05	4:59	
27	Thu	12:11	2.6	12:26	2.4	6:37	0.1	6:56	0.0	7:05	5:00	
28	Fri	1:02	2.5	1:16	2.2	7:38	0.2	7:47	0.1	7:04	5:01	
29	Sat	1:55	2.5	2:11	2.0	8:40	0.3	8:39	0.2	7:03	5:02	
30	Sun	2:51	2.4	3:09	1.9	9:39	0.3	9:31	0.2	7:02	5:04	
31	Mon	3:48	2.5	4:07	1.9	10:35	0.3	10:22	0.2	7:01	5:05	