

Ponquoque Point, NY - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:01	2.6	4:26	2.1	10:48	0.4	10:39	0.3	6:23	5:41	
2	Thu	4:54	2.7	5:17	2.2	11:37	0.3	11:30	0.2	6:21	5:42	
3	Fri	5:41	2.8	6:02	2.4			12:20	0.1	6:19	5:43	
4	Sat	6:24	3.0	6:45	2.6	12:16	0.1	12:59	0.0	6:18	5:44	
5	Sun	7:05	3.1	7:26	2.8	1:00	-0.1	1:35	-0.1	6:16	5:45	
6	Mon	7:46	3.1	8:07	3.0	1:41	-0.2	2:10	-0.2	6:15	5:47	
7	Tue	8:27	3.2	8:50	3.1	2:22	-0.3	2:46	-0.3	6:13	5:48	
8	Wed	9:10	3.1	9:34	3.2	3:03	-0.3	3:22	-0.3	6:12	5:49	
9	Thu	9:54	3.0	10:20	3.2	3:47	-0.3	4:02	-0.3	6:10	5:50	
10	Fri	10:41	2.9	11:09	3.2	4:35	-0.2	4:45	-0.2	6:08	5:51	
11	Sat	11:32	2.7			5:28	-0.1	5:35	-0.1	6:07	5:52	
12	Sun	12:02	3.2	12:27	2.6	6:30	0.1	6:34	0.0	6:05	5:53	
13	Mon	1:00	3.1	1:28	2.4	7:39	0.1	7:42	0.1	6:03	5:54	
14	Tue	2:04	3.1	2:36	2.4	8:50	0.2	8:53	0.1	6:02	5:55	
15	Wed	3:13	3.1	3:46	2.4	9:58	0.1	10:02	0.1	6:00	5:56	
16	Thu	4:20	3.1	4:51	2.6	11:00	0.0	11:07	0.0	5:58	5:58	
17	Fri	5:20	3.2	5:48	2.8	11:56	-0.1			5:57	5:59	
18	Sat	6:12	3.3	6:37	3.0	12:06	-0.2	12:45	-0.2	5:55	6:00	
19	Sun	7:00	3.3	7:23	3.1	12:59	-0.3	1:29	-0.3	5:53	6:01	
20	Mon	7:44	3.2	8:06	3.2	1:46	-0.3	2:09	-0.3	5:52	6:02	
21	Tue	8:26	3.2	8:48	3.2	2:30	-0.3	2:47	-0.3	5:50	6:03	
22	Wed	9:08	3.0	9:29	3.2	3:12	-0.2	3:24	-0.2	5:48	6:04	
23	Thu	9:49	2.9	10:10	3.1	3:53	-0.1	4:00	0.0	5:47	6:05	
24	Fri	10:31	2.7	10:53	3.0	4:34	0.1	4:37	0.1	5:45	6:06	
25	Sat	11:14	2.5	11:37	2.9	5:19	0.2	5:18	0.3	5:43	6:07	
26	Sun			12:00	2.3	6:08	0.4	6:05	0.5	5:42	6:08	
27	Mon	12:25	2.8	12:50	2.2	7:05	0.6	7:00	0.6	5:40	6:09	
28	Tue	1:18	2.7	1:46	2.1	8:07	0.6	8:03	0.7	5:38	6:10	
29	Wed	2:17	2.6	2:48	2.2	9:07	0.6	9:05	0.6	5:37	6:11	
30	Thu	3:18	2.6	3:49	2.3	10:03	0.5	10:04	0.5	5:35	6:12	
31	Fri	4:15	2.7	4:43	2.5	10:52	0.4	10:58	0.4	5:34	6:14	