

Ponquoque Point, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:58	3.4	8:24	3.4	1:57	-0.7	2:21	-0.7	6:23	5:40	
2	Tue	8:46	3.3	9:12	3.5	2:47	-0.7	3:04	-0.7	6:22	5:42	
3	Wed	9:33	3.1	10:00	3.4	3:36	-0.6	3:47	-0.5	6:20	5:43	
4	Thu	10:21	2.8	10:48	3.3	4:25	-0.4	4:31	-0.3	6:19	5:44	
5	Fri	11:08	2.6	11:38	3.1	5:17	-0.1	5:18	-0.1	6:17	5:45	
6	Sat	11:57	2.3			6:13	0.1	6:11	0.1	6:15	5:46	
7	Sun	12:29	2.8	12:50	2.1	7:16	0.4	7:10	0.3	6:14	5:47	
8	Mon	1:26	2.7	1:50	2.0	8:23	0.5	8:16	0.5	6:12	5:48	
9	Tue	2:29	2.5	2:56	2.0	9:27	0.5	9:21	0.5	6:11	5:49	
10	Wed	3:34	2.5	4:03	2.0	10:25	0.5	10:20	0.5	6:09	5:51	
11	Thu	4:32	2.6	4:57	2.2	11:14	0.4	11:13	0.4	6:07	5:52	
12	Fri	5:20	2.6	5:41	2.4	11:56	0.3			6:06	5:53	
13	Sat	6:01	2.7	6:20	2.6	12:00	0.2	12:33	0.2	6:04	5:54	
14	Sun	7:38	2.8	7:57	2.8	12:42	0.1	2:06	0.1	7:02	6:55	
15	Mon	8:15	2.9	8:33	2.9	2:20	0.0	2:37	0.0	7:01	6:56	
16	Tue	8:51	2.9	9:10	3.1	2:57	0.0	3:08	0.0	6:59	6:57	
17	Wed	9:29	2.8	9:49	3.1	3:32	-0.1	3:38	-0.1	6:57	6:58	
18	Thu	10:08	2.8	10:29	3.2	4:09	-0.1	4:10	-0.1	6:56	6:59	
19	Fri	10:48	2.7	11:11	3.2	4:47	0.0	4:45	0.0	6:54	7:00	
20	Sat	11:32	2.6	11:58	3.2	5:29	0.1	5:24	0.1	6:52	7:01	
21	Sun			12:20	2.5	6:18	0.2	6:12	0.1	6:51	7:02	
22	Mon	12:49	3.1	1:14	2.4	7:16	0.3	7:11	0.2	6:49	7:04	
23	Tue	1:47	3.0	2:16	2.3	8:24	0.3	8:22	0.3	6:47	7:05	
24	Wed	2:51	3.0	3:24	2.4	9:33	0.3	9:37	0.2	6:46	7:06	
25	Thu	3:59	3.0	4:33	2.6	10:38	0.2	10:49	0.1	6:44	7:07	
26	Fri	5:05	3.1	5:37	2.9	11:37	0.0	11:55	-0.1	6:42	7:08	
27	Sat	6:05	3.2	6:34	3.2			12:31	-0.2	6:41	7:09	
28	Sun	6:59	3.3	7:25	3.4	12:56	-0.2	1:21	-0.3	6:39	7:10	
29	Mon	7:48	3.3	8:13	3.6	1:51	-0.4	2:08	-0.4	6:38	7:11	
30	Tue	8:36	3.3	8:59	3.7	2:42	-0.5	2:52	-0.4	6:36	7:12	
31	Wed	9:22	3.1	9:45	3.7	3:30	-0.5	3:35	-0.4	6:34	7:13	