

Ponquoque Point, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:14	2.7	3:30	2.0	9:55	0.2	9:47	0.0	7:14	4:32	
2	Mon	4:10	2.7	4:27	2.0	10:52	0.1	10:36	0.0	7:14	4:33	
3	Tue	4:59	2.8	5:18	2.0	11:45	0.1	11:23	0.1	7:14	4:34	
4	Wed	5:44	2.8	6:02	2.0			12:31	0.0	7:14	4:35	
5	Thu	6:24	2.9	6:43	2.0	12:08	0.0	1:13	0.0	7:14	4:36	
6	Fri	7:04	2.9	7:23	2.1	12:50	0.0	1:51	-0.1	7:14	4:37	
7	Sat	7:43	2.9	8:04	2.1	1:30	0.0	2:27	-0.1	7:14	4:38	
8	Sun	8:23	2.9	8:45	2.2	2:09	0.0	3:02	-0.1	7:14	4:39	
9	Mon	9:02	2.9	9:27	2.2	2:46	0.0	3:36	-0.1	7:13	4:40	
10	Tue	9:42	2.8	10:09	2.3	3:24	0.0	4:10	-0.1	7:13	4:41	
11	Wed	10:23	2.7	10:52	2.3	4:04	0.1	4:45	-0.1	7:13	4:42	
12	Thu	11:05	2.6	11:37	2.4	4:47	0.1	5:22	0.0	7:13	4:43	
13	Fri	11:49	2.4			5:37	0.2	6:03	0.0	7:12	4:44	
14	Sat	12:24	2.4	12:37	2.3	6:34	0.3	6:49	0.0	7:12	4:45	
15	Sun	1:15	2.5	1:31	2.2	7:38	0.2	7:41	0.0	7:12	4:46	
16	Mon	2:11	2.7	2:31	2.1	8:43	0.2	8:38	0.0	7:11	4:47	
17	Tue	3:12	2.8	3:35	2.1	9:48	0.1	9:37	-0.1	7:11	4:48	
18	Wed	4:13	3.0	4:38	2.2	10:51	-0.1	10:38	-0.2	7:10	4:50	
19	Thu	5:11	3.2	5:37	2.3	11:52	-0.3	11:39	-0.4	7:10	4:51	
20	Fri	6:07	3.4	6:32	2.4			12:48	-0.4	7:09	4:52	
21	Sat	7:00	3.5	7:26	2.6	12:38	-0.5	1:41	-0.6	7:08	4:53	
22	Sun	7:52	3.6	8:19	2.7	1:35	-0.6	2:30	-0.7	7:08	4:54	
23	Mon	8:44	3.5	9:12	2.8	2:29	-0.7	3:17	-0.7	7:07	4:55	
24	Tue	9:34	3.4	10:04	2.9	3:22	-0.6	4:03	-0.7	7:06	4:57	
25	Wed	10:24	3.1	10:56	2.9	4:16	-0.5	4:50	-0.6	7:06	4:58	
26	Thu	11:14	2.8	11:48	2.8	5:12	-0.3	5:37	-0.4	7:05	4:59	
27	Fri			12:04	2.5	6:11	-0.1	6:28	-0.2	7:04	5:00	
28	Sat	12:40	2.8	12:55	2.3	7:14	0.1	7:20	-0.1	7:03	5:02	
29	Sun	1:35	2.7	1:50	2.0	8:20	0.2	8:15	0.1	7:02	5:03	
30	Mon	2:33	2.6	2:51	1.9	9:24	0.3	9:10	0.2	7:02	5:04	
31	Tue	3:33	2.5	3:54	1.8	10:25	0.3	10:05	0.2	7:01	5:05	