

Ponquoque Point, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:52	2.5	3:18	1.8	9:52	0.5	9:35	0.5	6:23	5:40	
2	Thu	3:57	2.5	4:23	1.9	10:51	0.5	10:34	0.4	6:22	5:41	
3	Fri	4:53	2.6	5:16	2.0	11:41	0.4	11:27	0.3	6:20	5:43	
4	Sat	5:40	2.7	6:00	2.2			12:23	0.3	6:19	5:44	
5	Sun	6:21	2.8	6:40	2.4	12:14	0.2	12:59	0.1	6:17	5:45	
6	Mon	6:58	2.9	7:17	2.6	12:56	0.1	1:32	0.0	6:16	5:46	
7	Tue	7:35	2.9	7:55	2.7	1:34	0.0	2:03	0.0	6:14	5:47	
8	Wed	8:12	2.9	8:32	2.9	2:11	-0.1	2:32	-0.1	6:12	5:48	
9	Thu	8:50	2.9	9:11	3.0	2:47	-0.1	3:02	-0.1	6:11	5:49	
10	Fri	9:29	2.8	9:51	3.1	3:24	-0.1	3:33	-0.1	6:09	5:50	
11	Sat	10:10	2.7	10:34	3.1	4:04	0.0	4:08	-0.1	6:08	5:51	
12	Sun	11:54	2.6			5:48	0.0	5:47	0.0	7:06	6:53	
13	Mon	12:21	3.1	12:42	2.4	6:40	0.2	6:35	0.1	7:04	6:54	
14	Tue	1:13	3.1	1:37	2.3	7:43	0.3	7:35	0.2	7:03	6:55	
15	Wed	2:13	3.0	2:41	2.2	8:54	0.3	8:46	0.3	7:01	6:56	
16	Thu	3:20	3.0	3:53	2.2	10:07	0.3	10:02	0.2	6:59	6:57	
17	Fri	4:30	3.1	5:04	2.4	11:14	0.2	11:14	0.1	6:58	6:58	
18	Sat	5:37	3.2	6:08	2.6			12:15	0.0	6:56	6:59	
19	Sun	6:35	3.3	7:03	2.9	12:20	-0.1	1:08	-0.2	6:54	7:00	
20	Mon	7:28	3.4	7:53	3.2	1:20	-0.3	1:57	-0.4	6:53	7:01	
21	Tue	8:16	3.4	8:40	3.4	2:15	-0.4	2:41	-0.4	6:51	7:02	
22	Wed	9:02	3.3	9:26	3.5	3:05	-0.5	3:22	-0.4	6:49	7:03	
23	Thu	9:47	3.2	10:10	3.5	3:51	-0.4	4:02	-0.4	6:48	7:04	
24	Fri	10:32	3.0	10:55	3.4	4:37	-0.3	4:42	-0.2	6:46	7:06	
25	Sat	11:16	2.8	11:39	3.2	5:22	-0.1	5:22	0.0	6:44	7:07	
26	Sun			12:01	2.5	6:10	0.1	6:04	0.2	6:43	7:08	
27	Mon	12:25	3.1	12:47	2.3	7:02	0.3	6:52	0.4	6:41	7:09	
28	Tue	1:14	2.9	1:38	2.1	8:01	0.5	7:49	0.6	6:39	7:10	
29	Wed	2:08	2.7	2:36	2.0	9:07	0.7	8:55	0.7	6:38	7:11	
30	Thu	3:09	2.6	3:41	2.0	10:11	0.7	10:02	0.7	6:36	7:12	
31	Fri	4:14	2.5	4:47	2.1	11:09	0.6	11:04	0.6	6:34	7:13	