

































Ponquoque Point, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:31	2.6	6:59	3.7	12:45	0.3	12:29	0.1	5:22	8:25	
2	Sun	7:23	2.7	7:50	3.9	1:39	0.1	1:24	0.0	5:22	8:25	
3	Mon	8:15	2.8	8:41	3.9	2:31	0.0	2:18	-0.1	5:23	8:25	
4	Tue	9:08	2.9	9:33	3.9	3:21	-0.1	3:12	-0.1	5:23	8:25	
5	Wed	10:02	3.0	10:26	3.8	4:10	-0.2	4:06	-0.1	5:24	8:24	
6	Thu	10:57	3.1	11:19	3.7	4:59	-0.2	5:02	0.0	5:24	8:24	
7	Fri	11:52	3.1			5:50	-0.1	6:01	0.1	5:25	8:24	
8	Sat	12:12	3.5	12:48	3.2	6:41	-0.1	7:04	0.3	5:26	8:24	
9	Sun	1:05	3.2	1:44	3.2	7:35	0.1	8:11	0.4	5:26	8:23	
10	Mon	2:00	2.9	2:42	3.2	8:30	0.2	9:18	0.5	5:27	8:23	
11	Tue	2:58	2.7	3:41	3.2	9:24	0.3	10:23	0.5	5:28	8:22	
12	Wed	3:58	2.5	4:40	3.2	10:18	0.3	11:24	0.5	5:29	8:22	
13	Thu	4:59	2.4	5:35	3.2	11:10	0.4			5:29	8:21	
14	Fri	5:55	2.4	6:24	3.3	12:20	0.5	12:01	0.4	5:30	8:21	
15	Sat	6:44	2.4	7:08	3.3	1:12	0.5	12:49	0.4	5:31	8:20	
16	Sun	7:28	2.4	7:50	3.3	1:57	0.4	1:35	0.4	5:32	8:20	
17	Mon	8:10	2.5	8:30	3.3	2:38	0.4	2:18	0.4	5:32	8:19	
18	Tue	8:50	2.6	9:09	3.3	3:15	0.3	2:58	0.4	5:33	8:18	
19	Wed	9:31	2.6	9:49	3.3	3:50	0.3	3:37	0.4	5:34	8:18	
20	Thu	10:13	2.7	10:29	3.2	4:24	0.3	4:15	0.4	5:35	8:17	
21	Fri	10:55	2.7	11:09	3.1	4:58	0.3	4:54	0.5	5:36	8:16	
22	Sat	11:37	2.8	11:50	3.0	5:31	0.4	5:36	0.6	5:37	8:15	
23	Sun			12:20	2.8	6:06	0.4	6:22	0.6	5:38	8:15	
24	Mon	12:32	2.9	1:04	2.9	6:44	0.5	7:14	0.7	5:38	8:14	
25	Tue	1:17	2.7	1:52	3.0	7:27	0.5	8:13	0.7	5:39	8:13	
26	Wed	2:07	2.6	2:45	3.0	8:15	0.5	9:15	0.7	5:40	8:12	
27	Thu	3:03	2.5	3:43	3.2	9:09	0.5	10:19	0.6	5:41	8:11	
28	Fri	4:05	2.5	4:44	3.3	10:07	0.4	11:22	0.5	5:42	8:10	
29	Sat	5:08	2.5	5:43	3.5	11:07	0.3			5:43	8:09	
30	Sun	6:08	2.6	6:39	3.7	12:22	0.3	12:08	0.2	5:44	8:08	
31	Mon	7:04	2.8	7:33	3.9	1:20	0.1	1:09	0.0	5:45	8:07	