

































Ponquoque Point, NY - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:58	3.0	8:25	4.0	2:13	0.0	2:07	-0.1	5:46	8:06	
2	Wed	8:51	3.2	9:17	3.9	3:02	-0.2	3:02	-0.2	5:47	8:05	
3	Thu	9:44	3.3	10:08	3.8	3:50	-0.3	3:56	-0.2	5:48	8:04	
4	Fri	10:37	3.4	10:58	3.6	4:36	-0.3	4:50	-0.1	5:49	8:02	
5	Sat	11:29	3.4	11:49	3.4	5:22	-0.2	5:45	0.0	5:50	8:01	
6	Sun			12:21	3.4	6:10	-0.1	6:44	0.2	5:51	8:00	
7	Mon	12:40	3.1	1:14	3.4	7:00	0.1	7:46	0.4	5:52	7:59	
8	Tue	1:32	2.8	2:09	3.2	7:53	0.3	8:52	0.6	5:53	7:58	
9	Wed	2:27	2.6	3:07	3.1	8:50	0.5	9:58	0.6	5:54	7:56	
10	Thu	3:28	2.4	4:09	3.1	9:48	0.6	11:02	0.7	5:55	7:55	
11	Fri	4:32	2.3	5:10	3.1	10:45	0.6			5:56	7:54	
12	Sat	5:33	2.3	6:04	3.1	12:00	0.7	11:41 AM	0.6	5:57	7:53	
13	Sun	6:25	2.4	6:49	3.2	12:52	0.6	12:32	0.6	5:58	7:51	
14	Mon	7:09	2.5	7:30	3.2	1:36	0.6	1:19	0.5	5:59	7:50	
15	Tue	7:49	2.6	8:08	3.3	2:14	0.5	2:01	0.5	6:00	7:48	
16	Wed	8:27	2.7	8:45	3.3	2:49	0.4	2:40	0.4	6:01	7:47	
17	Thu	9:05	2.8	9:22	3.3	3:21	0.3	3:18	0.4	6:02	7:46	
18	Fri	9:44	2.9	10:00	3.2	3:51	0.3	3:54	0.4	6:03	7:44	
19	Sat	10:23	3.0	10:38	3.1	4:21	0.3	4:30	0.4	6:04	7:43	
20	Sun	11:02	3.1	11:18	3.0	4:51	0.3	5:09	0.5	6:05	7:41	
21	Mon	11:43	3.1	11:59	2.9	5:23	0.4	5:51	0.5	6:06	7:40	
22	Tue			12:27	3.1	5:58	0.4	6:39	0.6	6:07	7:38	
23	Wed	12:44	2.7	1:15	3.2	6:40	0.5	7:37	0.7	6:08	7:37	
24	Thu	1:34	2.6	2:10	3.2	7:32	0.6	8:43	0.7	6:08	7:35	
25	Fri	2:32	2.5	3:11	3.2	8:34	0.6	9:53	0.7	6:09	7:34	
26	Sat	3:38	2.5	4:18	3.3	9:42	0.5	11:00	0.6	6:10	7:32	
27	Sun	4:46	2.6	5:23	3.5	10:50	0.4			6:11	7:31	
28	Mon	5:51	2.8	6:22	3.7	12:02	0.4	11:56 AM	0.2	6:12	7:29	
29	Tue	6:48	3.0	7:17	3.8	12:59	0.2	12:59	0.0	6:13	7:28	
30	Wed	7:42	3.3	8:08	3.9	1:51	0.0	1:57	-0.1	6:14	7:26	
31	Thu	8:33	3.5	8:57	3.9	2:38	-0.2	2:51	-0.2	6:15	7:24	