

































Ponquoque Point, NY - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:39	3.0	1:14	2.8	7:12	0.3	7:34	0.7	5:22	8:25	
2	Wed	1:25	2.7	2:03	2.8	7:58	0.5	8:34	0.7	5:22	8:25	
3	Thu	2:13	2.5	2:53	2.8	8:44	0.5	9:33	0.8	5:23	8:25	
4	Fri	3:05	2.4	3:45	2.8	9:30	0.6	10:29	0.8	5:24	8:25	
5	Sat	4:00	2.3	4:38	2.9	10:16	0.6	11:23	0.7	5:24	8:24	
6	Sun	4:55	2.3	5:29	3.0	11:03	0.6			5:25	8:24	
7	Mon	5:47	2.3	6:16	3.1	12:14	0.7	11:50 AM	0.6	5:25	8:24	
8	Tue	6:36	2.3	7:01	3.3	1:03	0.6	12:37	0.5	5:26	8:23	
9	Wed	7:21	2.4	7:44	3.4	1:47	0.5	1:23	0.4	5:27	8:23	
10	Thu	8:05	2.5	8:27	3.5	2:29	0.3	2:07	0.3	5:27	8:23	
11	Fri	8:49	2.6	9:10	3.5	3:08	0.2	2:51	0.3	5:28	8:22	
12	Sat	9:34	2.7	9:53	3.5	3:46	0.2	3:35	0.2	5:29	8:22	
13	Sun	10:20	2.9	10:38	3.5	4:24	0.1	4:20	0.2	5:30	8:21	
14	Mon	11:08	3.0	11:24	3.4	5:03	0.1	5:08	0.2	5:30	8:20	
15	Tue	11:56	3.1			5:44	0.1	6:01	0.3	5:31	8:20	
16	Wed	12:12	3.2	12:47	3.2	6:29	0.1	7:00	0.4	5:32	8:19	
17	Thu	1:03	3.0	1:40	3.3	7:19	0.1	8:05	0.4	5:33	8:19	
18	Fri	1:57	2.8	2:38	3.3	8:13	0.2	9:13	0.4	5:34	8:18	
19	Sat	2:57	2.7	3:39	3.4	9:11	0.2	10:21	0.4	5:35	8:17	
20	Sun	4:02	2.5	4:43	3.5	10:12	0.2	11:27	0.4	5:35	8:16	
21	Mon	5:08	2.5	5:45	3.6	11:14	0.2			5:36	8:16	
22	Tue	6:10	2.6	6:42	3.6	12:30	0.3	12:15	0.2	5:37	8:15	
23	Wed	7:07	2.7	7:35	3.7	1:28	0.2	1:15	0.1	5:38	8:14	
24	Thu	7:59	2.8	8:24	3.7	2:19	0.1	2:09	0.1	5:39	8:13	
25	Fri	8:48	2.9	9:10	3.6	3:06	0.0	2:59	0.1	5:40	8:12	
26	Sat	9:35	2.9	9:54	3.5	3:48	0.0	3:46	0.1	5:41	8:11	
27	Sun	10:20	3.0	10:37	3.3	4:27	0.1	4:31	0.2	5:42	8:10	
28	Mon	11:04	3.0	11:19	3.1	5:05	0.1	5:15	0.3	5:43	8:09	
29	Tue	11:48	3.0			5:42	0.3	6:01	0.5	5:44	8:08	
30	Wed	12:01	2.9	12:31	3.0	6:20	0.4	6:50	0.6	5:44	8:07	
31	Thu	12:44	2.7	1:16	2.9	7:01	0.5	7:44	0.8	5:45	8:06	