
































Ponquoque Point, NY - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:33	2.3	3:11	2.9	8:40	0.9	10:03	0.9	6:17	7:22	
2	Tue	3:36	2.2	4:14	3.0	9:45	0.8	11:02	0.9	6:18	7:20	
3	Wed	4:40	2.3	5:13	3.1	10:46	0.7	11:55	0.7	6:19	7:19	
4	Thu	5:39	2.5	6:06	3.3	11:44	0.6			6:20	7:17	
5	Fri	6:30	2.8	6:54	3.4	12:42	0.5	12:38	0.4	6:21	7:15	
6	Sat	7:16	3.1	7:39	3.6	1:25	0.3	1:29	0.2	6:22	7:14	
7	Sun	8:01	3.3	8:23	3.6	2:05	0.1	2:17	0.0	6:23	7:12	
8	Mon	8:46	3.6	9:08	3.6	2:45	0.0	3:05	-0.1	6:24	7:10	
9	Tue	9:32	3.7	9:53	3.5	3:24	-0.1	3:52	-0.1	6:25	7:09	
10	Wed	10:19	3.8	10:41	3.3	4:05	-0.1	4:40	-0.1	6:26	7:07	
11	Thu	11:08	3.8	11:31	3.1	4:47	-0.1	5:32	0.1	6:27	7:05	
12	Fri			12:00	3.7	5:34	0.1	6:29	0.2	6:28	7:04	
13	Sat	12:24	2.9	12:56	3.6	6:27	0.3	7:35	0.4	6:29	7:02	
14	Sun	1:21	2.7	1:56	3.4	7:29	0.4	8:48	0.6	6:30	7:00	
15	Mon	2:25	2.5	3:04	3.2	8:42	0.6	10:00	0.6	6:31	6:59	
16	Tue	3:37	2.5	4:16	3.2	9:56	0.6	11:07	0.6	6:32	6:57	
17	Wed	4:52	2.5	5:23	3.2	11:05	0.6			6:33	6:55	
18	Thu	5:55	2.7	6:19	3.2	12:04	0.5	12:07	0.5	6:34	6:53	
19	Fri	6:44	2.9	7:04	3.2	12:53	0.4	1:00	0.4	6:35	6:52	
20	Sat	7:26	3.1	7:44	3.2	1:34	0.3	1:47	0.3	6:36	6:50	
21	Sun	8:04	3.2	8:21	3.2	2:11	0.3	2:28	0.2	6:36	6:48	
22	Mon	8:39	3.3	8:57	3.1	2:44	0.2	3:06	0.2	6:37	6:47	
23	Tue	9:15	3.4	9:33	3.0	3:15	0.3	3:42	0.2	6:38	6:45	
24	Wed	9:52	3.4	10:11	2.9	3:45	0.3	4:18	0.3	6:39	6:43	
25	Thu	10:30	3.3	10:50	2.8	4:16	0.4	4:54	0.4	6:40	6:42	
26	Fri	11:10	3.2	11:31	2.6	4:48	0.5	5:33	0.6	6:41	6:40	
27	Sat	11:53	3.1			5:22	0.6	6:17	0.7	6:42	6:38	
28	Sun	12:15	2.5	12:40	3.0	6:03	0.7	7:11	0.8	6:44	6:36	
29	Mon	1:04	2.4	1:33	2.9	6:54	0.8	8:15	0.9	6:45	6:35	
30	Tue	2:00	2.3	2:32	2.9	7:59	0.9	9:22	0.9	6:46	6:33	