

































Ponquoque Point, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:59	3.1	6:24	2.6			12:35	-0.2	6:23	5:41	
2	Mon	6:46	3.1	7:09	2.8	12:40	-0.2	1:19	-0.3	6:21	5:42	
3	Tue	7:29	3.1	7:51	3.0	1:29	-0.3	1:58	-0.3	6:20	5:43	
4	Wed	8:10	3.1	8:31	3.0	2:13	-0.3	2:33	-0.3	6:18	5:44	
5	Thu	8:49	2.9	9:11	3.1	2:54	-0.3	3:07	-0.3	6:17	5:45	
6	Fri	9:28	2.8	9:50	3.0	3:33	-0.2	3:41	-0.1	6:15	5:46	
7	Sat	10:08	2.6	10:30	3.0	4:12	0.0	4:14	0.0	6:14	5:47	
8	Sun	11:48	2.4			5:53	0.1	5:49	0.2	7:12	6:48	
9	Mon	12:13	2.8	12:30	2.3	6:38	0.3	6:29	0.3	7:10	6:50	
10	Tue	12:58	2.7	1:17	2.1	7:31	0.5	7:17	0.5	7:09	6:51	
11	Wed	1:48	2.6	2:09	2.0	8:33	0.6	8:17	0.6	7:07	6:52	
12	Thu	2:46	2.5	3:11	1.9	9:39	0.7	9:23	0.6	7:05	6:53	
13	Fri	3:49	2.5	4:17	2.0	10:42	0.6	10:28	0.5	7:04	6:54	
14	Sat	4:51	2.6	5:19	2.1	11:36	0.5	11:28	0.4	7:02	6:55	
15	Sun	5:47	2.8	6:11	2.4			12:23	0.3	7:01	6:56	
16	Mon	6:35	2.9	6:57	2.7	12:23	0.2	1:05	0.1	6:59	6:57	
17	Tue	7:19	3.0	7:41	3.0	1:13	0.0	1:44	-0.1	6:57	6:58	
18	Wed	8:02	3.1	8:23	3.2	1:59	-0.2	2:22	-0.2	6:56	6:59	
19	Thu	8:45	3.2	9:07	3.4	2:45	-0.3	3:00	-0.3	6:54	7:00	
20	Fri	9:29	3.1	9:52	3.5	3:29	-0.4	3:38	-0.4	6:52	7:02	
21	Sat	10:14	3.0	10:39	3.6	4:15	-0.4	4:19	-0.3	6:51	7:03	
22	Sun	11:02	2.9	11:29	3.5	5:03	-0.3	5:03	-0.2	6:49	7:04	
23	Mon	11:53	2.7			5:55	-0.1	5:52	-0.1	6:47	7:05	
24	Tue	12:22	3.4	12:48	2.5	6:55	0.1	6:50	0.1	6:46	7:06	
25	Wed	1:20	3.2	1:48	2.3	8:04	0.2	7:59	0.3	6:44	7:07	
26	Thu	2:24	3.0	2:57	2.3	9:17	0.3	9:16	0.3	6:42	7:08	
27	Fri	3:34	2.9	4:12	2.3	10:27	0.3	10:30	0.3	6:41	7:09	
28	Sat	4:46	2.9	5:22	2.5	11:28	0.2	11:38	0.2	6:39	7:10	
29	Sun	5:48	2.9	6:19	2.7			12:22	0.1	6:37	7:11	
30	Mon	6:40	3.0	7:05	2.9	12:37	0.1	1:07	0.0	6:36	7:12	
31	Tue	7:24	3.0	7:46	3.1	1:28	0.0	1:48	0.0	6:34	7:13	