



Ponquoque Point, NY - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:22	2.5	9:40	3.3	3:41	0.3	3:23	0.4	5:22	8:25	☉
2	Thu	10:05	2.6	10:21	3.3	4:16	0.3	4:02	0.4	5:22	8:25	☉
3	Fri	10:48	2.7	11:03	3.2	4:51	0.3	4:42	0.4	5:23	8:25	☉
4	Sat	11:32	2.8	11:46	3.1	5:26	0.3	5:27	0.5	5:23	8:25	☾
5	Sun			12:18	2.9	6:04	0.3	6:16	0.5	5:24	8:24	☾
6	Mon	12:31	3.0	1:06	3.0	6:46	0.3	7:14	0.5	5:25	8:24	☾
7	Tue	1:19	2.9	1:57	3.1	7:33	0.3	8:17	0.5	5:25	8:24	☾
8	Wed	2:13	2.7	2:53	3.2	8:25	0.3	9:23	0.5	5:26	8:23	☾
9	Thu	3:12	2.6	3:53	3.4	9:22	0.2	10:29	0.4	5:27	8:23	☾
10	Fri	4:16	2.6	4:55	3.5	10:21	0.2	11:34	0.3	5:27	8:23	☾
11	Sat	5:20	2.6	5:56	3.7	11:22	0.1			5:28	8:22	☾
12	Sun	6:21	2.7	6:53	3.8	12:37	0.2	12:24	0.0	5:29	8:22	☾
13	Mon	7:18	2.8	7:48	3.9	1:36	0.0	1:25	-0.1	5:29	8:21	☾
14	Tue	8:13	2.9	8:40	3.9	2:30	-0.1	2:23	-0.1	5:30	8:21	☾
15	Wed	9:07	3.0	9:32	3.8	3:20	-0.2	3:18	-0.1	5:31	8:20	☾
16	Thu	10:00	3.1	10:22	3.7	4:08	-0.2	4:10	-0.1	5:32	8:19	☾
17	Fri	10:51	3.2	11:10	3.5	4:53	-0.2	5:02	0.0	5:33	8:19	☾
18	Sat	11:42	3.2	11:58	3.2	5:38	-0.1	5:56	0.2	5:33	8:18	☾
19	Sun			12:31	3.1	6:23	0.1	6:51	0.4	5:34	8:17	☾
20	Mon	12:45	2.9	1:20	3.1	7:09	0.3	7:50	0.6	5:35	8:17	☾
21	Tue	1:33	2.7	2:10	3.0	7:58	0.4	8:51	0.7	5:36	8:16	☾
22	Wed	2:23	2.5	3:03	2.9	8:48	0.6	9:52	0.8	5:37	8:15	☾
23	Thu	3:17	2.3	3:59	2.9	9:39	0.6	10:51	0.8	5:38	8:14	☾
24	Fri	4:16	2.2	4:55	2.9	10:31	0.7	11:46	0.8	5:39	8:13	☾
25	Sat	5:14	2.2	5:47	3.0	11:22	0.7			5:40	8:13	☉
26	Sun	6:07	2.3	6:34	3.1	12:37	0.7	12:12	0.6	5:41	8:12	☉
27	Mon	6:53	2.4	7:17	3.2	1:23	0.6	1:00	0.5	5:41	8:11	☉
28	Tue	7:36	2.5	7:57	3.3	2:03	0.5	1:44	0.5	5:42	8:10	☉
29	Wed	8:17	2.6	8:37	3.4	2:40	0.4	2:26	0.4	5:43	8:09	☉
30	Thu	8:58	2.8	9:16	3.4	3:14	0.3	3:05	0.3	5:44	8:08	☉
31	Fri	9:39	2.9	9:56	3.4	3:47	0.2	3:45	0.3	5:45	8:07	☉