

































## Ponquoque Point, NY - Sep 2026

| Date |     | High  |     |       |     | Low   |     |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft  | Rise  | Set  | Moon  |
| 1    | Tue | 11:22 | 3.6 | 11:42 | 3.0 | 4:58  | 0.1 | 5:38  | 0.3 | 6:17  | 7:22 |    |
| 2    | Wed |       |     | 12:11 | 3.5 | 5:41  | 0.2 | 6:33  | 0.4 | 6:18  | 7:21 |    |
| 3    | Thu | 12:32 | 2.8 | 1:06  | 3.5 | 6:31  | 0.3 | 7:38  | 0.5 | 6:19  | 7:19 |    |
| 4    | Fri | 1:29  | 2.7 | 2:06  | 3.4 | 7:32  | 0.4 | 8:50  | 0.6 | 6:20  | 7:17 |    |
| 5    | Sat | 2:32  | 2.5 | 3:13  | 3.3 | 8:43  | 0.5 | 10:03 | 0.6 | 6:21  | 7:16 |    |
| 6    | Sun | 3:44  | 2.5 | 4:24  | 3.3 | 9:58  | 0.5 | 11:10 | 0.5 | 6:22  | 7:14 |    |
| 7    | Mon | 4:56  | 2.6 | 5:30  | 3.4 | 11:08 | 0.4 |       |     | 6:23  | 7:12 |    |
| 8    | Tue | 6:00  | 2.9 | 6:28  | 3.5 | 12:10 | 0.3 | 12:13 | 0.3 | 6:23  | 7:11 |    |
| 9    | Wed | 6:54  | 3.1 | 7:18  | 3.6 | 1:03  | 0.2 | 1:11  | 0.1 | 6:24  | 7:09 |    |
| 10   | Thu | 7:42  | 3.3 | 8:04  | 3.5 | 1:49  | 0.1 | 2:03  | 0.0 | 6:25  | 7:07 |    |
| 11   | Fri | 8:27  | 3.5 | 8:47  | 3.5 | 2:31  | 0.0 | 2:51  | 0.0 | 6:26  | 7:06 |    |
| 12   | Sat | 9:09  | 3.5 | 9:29  | 3.3 | 3:10  | 0.0 | 3:34  | 0.0 | 6:27  | 7:04 |   |
| 13   | Sun | 9:50  | 3.5 | 10:10 | 3.2 | 3:46  | 0.1 | 4:16  | 0.1 | 6:28  | 7:02 |  |
| 14   | Mon | 10:32 | 3.5 | 10:51 | 3.0 | 4:22  | 0.2 | 4:58  | 0.3 | 6:29  | 7:01 |  |
| 15   | Tue | 11:13 | 3.4 | 11:33 | 2.8 | 4:58  | 0.3 | 5:40  | 0.4 | 6:30  | 6:59 |  |
| 16   | Wed | 11:57 | 3.2 |       |     | 5:35  | 0.5 | 6:27  | 0.6 | 6:31  | 6:57 |  |
| 17   | Thu | 12:17 | 2.6 | 12:43 | 3.1 | 6:17  | 0.7 | 7:21  | 0.8 | 6:32  | 6:56 |  |
| 18   | Fri | 1:05  | 2.4 | 1:35  | 2.9 | 7:07  | 0.8 | 8:24  | 0.9 | 6:33  | 6:54 |  |
| 19   | Sat | 1:58  | 2.3 | 2:32  | 2.8 | 8:09  | 0.9 | 9:30  | 1.0 | 6:34  | 6:52 |  |
| 20   | Sun | 2:59  | 2.2 | 3:34  | 2.8 | 9:17  | 0.9 | 10:30 | 0.9 | 6:35  | 6:50 |  |
| 21   | Mon | 4:05  | 2.3 | 4:36  | 2.9 | 10:21 | 0.9 | 11:22 | 0.8 | 6:36  | 6:49 |  |
| 22   | Tue | 5:05  | 2.5 | 5:31  | 3.0 | 11:18 | 0.8 |       |     | 6:37  | 6:47 |  |
| 23   | Wed | 5:56  | 2.7 | 6:17  | 3.1 | 12:07 | 0.6 | 12:09 | 0.6 | 6:38  | 6:45 |  |
| 24   | Thu | 6:40  | 2.9 | 7:00  | 3.2 | 12:46 | 0.5 | 12:57 | 0.4 | 6:39  | 6:44 |  |
| 25   | Fri | 7:21  | 3.2 | 7:41  | 3.3 | 1:23  | 0.3 | 1:41  | 0.2 | 6:40  | 6:42 |  |
| 26   | Sat | 8:01  | 3.5 | 8:22  | 3.3 | 1:59  | 0.2 | 2:24  | 0.1 | 6:41  | 6:40 |  |
| 27   | Sun | 8:43  | 3.6 | 9:04  | 3.3 | 2:35  | 0.1 | 3:06  | 0.0 | 6:42  | 6:39 |  |
| 28   | Mon | 9:25  | 3.8 | 9:47  | 3.2 | 3:12  | 0.0 | 3:50  | 0.0 | 6:43  | 6:37 |  |
| 29   | Tue | 10:11 | 3.8 | 10:34 | 3.1 | 3:51  | 0.0 | 4:35  | 0.0 | 6:44  | 6:35 |  |
| 30   | Wed | 10:59 | 3.8 | 11:24 | 2.9 | 4:33  | 0.1 | 5:25  | 0.1 | 6:45  | 6:34 |  |