

































## Ponquoque Point, NY - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:51	3.3	8:15	2.6	1:33	-0.3	2:26	-0.4	7:14	4:33	
2	Tue	8:37	3.4	9:04	2.7	2:20	-0.4	3:07	-0.5	7:14	4:34	
3	Wed	9:24	3.3	9:54	2.8	3:08	-0.4	3:50	-0.6	7:14	4:34	
4	Thu	10:13	3.2	10:45	2.9	3:58	-0.4	4:35	-0.5	7:14	4:35	
5	Fri	11:03	3.0	11:38	2.9	4:53	-0.3	5:23	-0.5	7:14	4:36	
6	Sat	11:55	2.7			5:54	-0.2	6:16	-0.4	7:14	4:37	
7	Sun	12:34	2.9	12:51	2.5	7:00	0.0	7:13	-0.3	7:14	4:38	
8	Mon	1:32	2.9	1:51	2.3	8:10	0.0	8:13	-0.2	7:14	4:39	
9	Tue	2:35	2.9	2:56	2.1	9:19	0.0	9:14	-0.2	7:13	4:40	
10	Wed	3:39	2.9	4:03	2.1	10:24	0.0	10:14	-0.2	7:13	4:41	
11	Thu	4:40	3.0	5:04	2.1	11:26	-0.1	11:13	-0.2	7:13	4:42	
12	Fri	5:35	3.0	5:58	2.2			12:21	-0.2	7:13	4:43	
13	Sat	6:24	3.1	6:47	2.3	12:08	-0.2	1:09	-0.3	7:12	4:45	
14	Sun	7:09	3.1	7:31	2.4	12:59	-0.2	1:52	-0.3	7:12	4:46	
15	Mon	7:51	3.1	8:14	2.4	1:44	-0.3	2:30	-0.3	7:11	4:47	
16	Tue	8:32	3.0	8:56	2.5	2:26	-0.2	3:06	-0.3	7:11	4:48	
17	Wed	9:12	2.9	9:37	2.5	3:07	-0.2	3:41	-0.3	7:10	4:49	
18	Thu	9:51	2.8	10:18	2.5	3:46	-0.1	4:15	-0.2	7:10	4:50	
19	Fri	10:32	2.6	11:00	2.5	4:27	0.0	4:50	-0.1	7:09	4:51	
20	Sat	11:13	2.4	11:44	2.5	5:11	0.1	5:27	0.0	7:09	4:53	
21	Sun	11:56	2.2			5:59	0.3	6:08	0.1	7:08	4:54	
22	Mon	12:30	2.5	12:43	2.1	6:54	0.4	6:54	0.2	7:07	4:55	
23	Tue	1:20	2.5	1:35	1.9	7:54	0.4	7:46	0.2	7:07	4:56	
24	Wed	2:15	2.5	2:33	1.9	8:56	0.4	8:42	0.2	7:06	4:57	
25	Thu	3:14	2.6	3:35	1.9	9:57	0.3	9:40	0.1	7:05	4:59	
26	Fri	4:12	2.7	4:34	2.0	10:53	0.2	10:37	0.0	7:04	5:00	
27	Sat	5:06	2.9	5:29	2.2	11:46	0.0	11:33	-0.2	7:04	5:01	
28	Sun	5:56	3.1	6:19	2.4			12:34	-0.2	7:03	5:02	
29	Mon	6:44	3.3	7:08	2.6	12:27	-0.3	1:19	-0.4	7:02	5:03	
30	Tue	7:31	3.4	7:56	2.9	1:18	-0.5	2:02	-0.6	7:01	5:05	
31	Wed	8:18	3.4	8:45	3.0	2:08	-0.6	2:44	-0.7	7:00	5:06	