

































Ponquoque Point, NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:51	3.3	5:16	2.4	11:31	-0.3	11:24	-0.4	7:14	4:33	
2	Wed	5:47	3.4	6:12	2.5			12:29	-0.4	7:14	4:33	
3	Thu	6:39	3.5	7:04	2.6	12:22	-0.5	1:21	-0.5	7:14	4:34	
4	Fri	7:29	3.4	7:55	2.6	1:16	-0.5	2:09	-0.6	7:14	4:35	
5	Sat	8:17	3.4	8:44	2.7	2:07	-0.5	2:54	-0.6	7:14	4:36	
6	Sun	9:04	3.2	9:32	2.7	2:56	-0.5	3:37	-0.5	7:14	4:37	
7	Mon	9:49	3.0	10:19	2.7	3:43	-0.3	4:19	-0.4	7:14	4:38	
8	Tue	10:34	2.8	11:05	2.6	4:30	-0.2	5:00	-0.3	7:14	4:39	
9	Wed	11:18	2.6	11:51	2.5	5:20	0.0	5:43	-0.1	7:13	4:40	
10	Thu			12:03	2.3	6:13	0.2	6:29	0.0	7:13	4:41	
11	Fri	12:39	2.5	12:51	2.1	7:11	0.3	7:17	0.1	7:13	4:42	
12	Sat	1:29	2.4	1:42	2.0	8:11	0.4	8:08	0.2	7:13	4:43	
13	Sun	2:23	2.4	2:39	1.9	9:10	0.4	9:00	0.2	7:12	4:44	
14	Mon	3:20	2.5	3:37	1.9	10:07	0.4	9:51	0.2	7:12	4:45	
15	Tue	4:15	2.6	4:33	1.9	11:01	0.3	10:42	0.1	7:11	4:46	
16	Wed	5:05	2.7	5:24	2.0	11:49	0.1	11:31	0.0	7:11	4:48	
17	Thu	5:50	2.8	6:10	2.2			12:33	0.0	7:11	4:49	
18	Fri	6:33	3.0	6:54	2.3	12:18	-0.1	1:13	-0.1	7:10	4:50	
19	Sat	7:15	3.1	7:37	2.5	1:02	-0.2	1:51	-0.3	7:09	4:51	
20	Sun	7:57	3.1	8:20	2.6	1:45	-0.3	2:28	-0.4	7:09	4:52	
21	Mon	8:39	3.1	9:05	2.7	2:28	-0.4	3:04	-0.5	7:08	4:53	
22	Tue	9:23	3.1	9:51	2.8	3:11	-0.4	3:42	-0.5	7:08	4:55	
23	Wed	10:09	3.0	10:39	2.9	3:57	-0.3	4:23	-0.5	7:07	4:56	
24	Thu	10:56	2.8	11:29	3.0	4:48	-0.3	5:08	-0.4	7:06	4:57	
25	Fri	11:47	2.6			5:44	-0.2	5:58	-0.3	7:05	4:58	
26	Sat	12:23	3.0	12:42	2.4	6:48	0.0	6:56	-0.3	7:05	4:59	
27	Sun	1:22	2.9	1:43	2.2	7:58	0.0	7:59	-0.2	7:04	5:01	
28	Mon	2:25	2.9	2:50	2.2	9:09	0.0	9:06	-0.2	7:03	5:02	
29	Tue	3:32	3.0	3:59	2.2	10:17	0.0	10:11	-0.2	7:02	5:03	
30	Wed	4:36	3.0	5:03	2.3	11:19	-0.2	11:14	-0.3	7:01	5:04	
31	Thu	5:34	3.1	6:00	2.4			12:16	-0.3	7:00	5:06	