

Ponquoque Point, NY - Jul 2030

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 8:44 | 2.7 | 9:03 | 3.4 | 3:04 | 0.3 | 2:50 | 0.3 | 5:22 | 8:25 | 🌑 |
| 2 | Tue | 9:26 | 2.7 | 9:44 | 3.4 | 3:39 | 0.2 | 3:29 | 0.3 | 5:22 | 8:25 | 🌑 |
| 3 | Wed | 10:09 | 2.8 | 10:26 | 3.4 | 4:14 | 0.2 | 4:09 | 0.3 | 5:23 | 8:25 | 🌑 |
| 4 | Thu | 10:54 | 2.9 | 11:09 | 3.3 | 4:50 | 0.1 | 4:52 | 0.3 | 5:23 | 8:25 | 🌑 |
| 5 | Fri | 11:39 | 3.0 | 11:54 | 3.2 | 5:28 | 0.1 | 5:38 | 0.4 | 5:24 | 8:24 | 🌒 |
| 6 | Sat | | | 12:27 | 3.1 | 6:09 | 0.1 | 6:32 | 0.4 | 5:25 | 8:24 | 🌒 |
| 7 | Sun | 12:42 | 3.0 | 1:18 | 3.2 | 6:55 | 0.2 | 7:32 | 0.4 | 5:25 | 8:24 | 🌒 |
| 8 | Mon | 1:34 | 2.9 | 2:13 | 3.2 | 7:48 | 0.2 | 8:38 | 0.5 | 5:26 | 8:23 | 🌓 |
| 9 | Tue | 2:31 | 2.8 | 3:12 | 3.3 | 8:45 | 0.2 | 9:46 | 0.4 | 5:27 | 8:23 | 🌓 |
| 10 | Wed | 3:33 | 2.7 | 4:15 | 3.5 | 9:45 | 0.1 | 10:52 | 0.3 | 5:27 | 8:23 | 🌓 |
| 11 | Thu | 4:38 | 2.7 | 5:17 | 3.6 | 10:47 | 0.1 | 11:56 | 0.2 | 5:28 | 8:22 | 🌓 |
| 12 | Fri | 5:42 | 2.8 | 6:16 | 3.7 | 11:49 | 0.0 | | | 5:29 | 8:22 | 🌔 |
| 13 | Sat | 6:41 | 2.9 | 7:11 | 3.8 | 12:56 | 0.0 | 12:50 | -0.1 | 5:30 | 8:21 | 🌔 |
| 14 | Sun | 7:36 | 3.0 | 8:04 | 3.9 | 1:52 | -0.1 | 1:48 | -0.1 | 5:30 | 8:21 | 🌔 |
| 15 | Mon | 8:29 | 3.1 | 8:54 | 3.8 | 2:43 | -0.2 | 2:43 | -0.2 | 5:31 | 8:20 | 🌔 |
| 16 | Tue | 9:20 | 3.2 | 9:43 | 3.7 | 3:30 | -0.2 | 3:35 | -0.1 | 5:32 | 8:19 | 🌔 |
| 17 | Wed | 10:10 | 3.2 | 10:30 | 3.6 | 4:15 | -0.2 | 4:24 | 0.0 | 5:33 | 8:19 | 🌔 |
| 18 | Thu | 10:59 | 3.2 | 11:16 | 3.3 | 4:59 | -0.1 | 5:13 | 0.1 | 5:34 | 8:18 | 🌔 |
| 19 | Fri | 11:47 | 3.2 | | | 5:42 | 0.0 | 6:04 | 0.3 | 5:34 | 8:17 | 🌔 |
| 20 | Sat | 12:02 | 3.1 | 12:34 | 3.1 | 6:26 | 0.2 | 6:57 | 0.5 | 5:35 | 8:17 | 🌔 |
| 21 | Sun | 12:48 | 2.9 | 1:22 | 3.0 | 7:12 | 0.3 | 7:54 | 0.6 | 5:36 | 8:16 | 🌔 |
| 22 | Mon | 1:35 | 2.6 | 2:12 | 2.9 | 8:00 | 0.5 | 8:54 | 0.8 | 5:37 | 8:15 | 🌓 |
| 23 | Tue | 2:25 | 2.4 | 3:05 | 2.9 | 8:51 | 0.6 | 9:53 | 0.8 | 5:38 | 8:14 | 🌓 |
| 24 | Wed | 3:20 | 2.3 | 4:01 | 2.9 | 9:44 | 0.6 | 10:51 | 0.8 | 5:39 | 8:13 | 🌓 |
| 25 | Thu | 4:19 | 2.3 | 4:57 | 3.0 | 10:36 | 0.6 | 11:44 | 0.7 | 5:40 | 8:13 | 🌓 |
| 26 | Fri | 5:16 | 2.3 | 5:49 | 3.1 | 11:27 | 0.6 | | | 5:41 | 8:12 | 🌑 |
| 27 | Sat | 6:08 | 2.4 | 6:35 | 3.2 | 12:34 | 0.6 | 12:17 | 0.5 | 5:41 | 8:11 | 🌑 |
| 28 | Sun | 6:54 | 2.5 | 7:18 | 3.3 | 1:18 | 0.5 | 1:04 | 0.4 | 5:42 | 8:10 | 🌑 |
| 29 | Mon | 7:37 | 2.7 | 7:58 | 3.4 | 1:58 | 0.4 | 1:48 | 0.3 | 5:43 | 8:09 | 🌑 |
| 30 | Tue | 8:19 | 2.8 | 8:39 | 3.4 | 2:35 | 0.3 | 2:30 | 0.2 | 5:44 | 8:08 | 🌑 |
| 31 | Wed | 9:01 | 3.0 | 9:20 | 3.5 | 3:11 | 0.2 | 3:11 | 0.2 | 5:45 | 8:07 | 🌑 |