


































Ponquoque Point, NY - Mar 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:47 | 2.9 | 5:14 | 2.4 | 11:26 | 0.0 | 11:31 | 0.0 | 6:23 | 5:41 |  |
| 2 | Thu | 5:40 | 2.9 | 6:03 | 2.6 | | | 12:16 | -0.1 | 6:21 | 5:42 |  |
| 3 | Fri | 6:25 | 3.0 | 6:46 | 2.7 | 12:22 | -0.1 | 12:59 | -0.1 | 6:20 | 5:43 |  |
| 4 | Sat | 7:05 | 3.0 | 7:26 | 2.8 | 1:08 | -0.1 | 1:38 | -0.2 | 6:18 | 5:44 |  |
| 5 | Sun | 7:44 | 3.0 | 8:04 | 2.9 | 1:49 | -0.2 | 2:13 | -0.2 | 6:17 | 5:45 |  |
| 6 | Mon | 8:22 | 3.0 | 8:42 | 2.9 | 2:27 | -0.2 | 2:46 | -0.2 | 6:15 | 5:46 |  |
| 7 | Tue | 9:00 | 2.9 | 9:21 | 2.9 | 3:03 | -0.1 | 3:18 | -0.1 | 6:13 | 5:47 |  |
| 8 | Wed | 9:39 | 2.8 | 10:01 | 2.9 | 3:40 | -0.1 | 3:51 | 0.0 | 6:12 | 5:49 |  |
| 9 | Thu | 10:19 | 2.7 | 10:42 | 2.9 | 4:17 | 0.1 | 4:25 | 0.1 | 6:10 | 5:50 |  |
| 10 | Fri | 11:01 | 2.5 | 11:26 | 2.8 | 4:58 | 0.2 | 5:02 | 0.2 | 6:09 | 5:51 |  |
| 11 | Sat | 11:45 | 2.4 | | | 5:43 | 0.3 | 5:45 | 0.3 | 6:07 | 5:52 |  |
| 12 | Sun | 12:12 | 2.7 | 1:33 | 2.3 | 7:36 | 0.4 | 7:37 | 0.4 | 7:05 | 6:53 |  |
| 13 | Mon | 2:04 | 2.7 | 2:28 | 2.2 | 8:37 | 0.5 | 8:36 | 0.4 | 7:04 | 6:54 |  |
| 14 | Tue | 3:01 | 2.7 | 3:29 | 2.2 | 9:39 | 0.5 | 9:40 | 0.4 | 7:02 | 6:55 |  |
| 15 | Wed | 4:02 | 2.7 | 4:31 | 2.3 | 10:39 | 0.4 | 10:42 | 0.3 | 7:00 | 6:56 |  |
| 16 | Thu | 5:02 | 2.9 | 5:30 | 2.5 | 11:34 | 0.2 | 11:42 | 0.1 | 6:59 | 6:57 |  |
| 17 | Fri | 5:58 | 3.1 | 6:24 | 2.8 | | | 12:26 | 0.0 | 6:57 | 6:58 |  |
| 18 | Sat | 6:49 | 3.2 | 7:14 | 3.1 | 12:39 | -0.1 | 1:15 | -0.2 | 6:55 | 6:59 |  |
| 19 | Sun | 7:38 | 3.4 | 8:02 | 3.4 | 1:32 | -0.3 | 2:01 | -0.4 | 6:54 | 7:01 |  |
| 20 | Mon | 8:26 | 3.5 | 8:51 | 3.6 | 2:24 | -0.5 | 2:47 | -0.5 | 6:52 | 7:02 |  |
| 21 | Tue | 9:15 | 3.5 | 9:40 | 3.7 | 3:13 | -0.6 | 3:31 | -0.6 | 6:51 | 7:03 |  |
| 22 | Wed | 10:04 | 3.4 | 10:30 | 3.7 | 4:03 | -0.6 | 4:17 | -0.6 | 6:49 | 7:04 |  |
| 23 | Thu | 10:54 | 3.2 | 11:21 | 3.6 | 4:54 | -0.5 | 5:05 | -0.5 | 6:47 | 7:05 |  |
| 24 | Fri | 11:47 | 3.0 | | | 5:47 | -0.3 | 5:56 | -0.3 | 6:46 | 7:06 |  |
| 25 | Sat | 12:15 | 3.5 | 12:41 | 2.8 | 6:45 | -0.1 | 6:53 | 0.0 | 6:44 | 7:07 |  |
| 26 | Sun | 1:10 | 3.3 | 1:38 | 2.6 | 7:50 | 0.1 | 7:58 | 0.1 | 6:42 | 7:08 |  |
| 27 | Mon | 2:10 | 3.1 | 2:41 | 2.5 | 8:58 | 0.2 | 9:07 | 0.3 | 6:41 | 7:09 |  |
| 28 | Tue | 3:15 | 2.9 | 3:50 | 2.4 | 10:05 | 0.3 | 10:16 | 0.3 | 6:39 | 7:10 |  |
| 29 | Wed | 4:22 | 2.8 | 4:58 | 2.5 | 11:06 | 0.3 | 11:19 | 0.3 | 6:37 | 7:11 |  |
| 30 | Thu | 5:25 | 2.8 | 5:56 | 2.6 | | | 12:00 | 0.2 | 6:36 | 7:12 |  |
| 31 | Fri | 6:17 | 2.8 | 6:42 | 2.8 | 12:16 | 0.3 | 12:48 | 0.2 | 6:34 | 7:13 |  |