

































Ponquoque Point, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:00	2.8	3:41	3.3	9:16	0.2	10:15	0.4	5:22	8:25	
2	Thu	4:02	2.7	4:42	3.5	10:12	0.1	11:19	0.3	5:22	8:25	
3	Fri	5:05	2.6	5:42	3.7	11:10	0.1			5:23	8:25	
4	Sat	6:06	2.7	6:38	3.8	12:22	0.2	12:09	0.0	5:23	8:25	
5	Sun	7:03	2.7	7:32	3.9	1:22	0.0	1:08	0.0	5:24	8:24	
6	Mon	7:57	2.8	8:24	3.9	2:17	0.0	2:05	0.0	5:25	8:24	
7	Tue	8:50	2.8	9:15	3.8	3:08	-0.1	2:59	0.0	5:25	8:24	
8	Wed	9:42	2.9	10:04	3.7	3:56	-0.1	3:50	0.0	5:26	8:23	
9	Thu	10:33	2.9	10:52	3.5	4:42	0.0	4:40	0.1	5:27	8:23	
10	Fri	11:23	2.9	11:39	3.3	5:26	0.0	5:31	0.3	5:27	8:23	
11	Sat			12:11	2.9	6:10	0.2	6:23	0.4	5:28	8:22	
12	Sun	12:25	3.0	12:59	2.9	6:54	0.3	7:19	0.6	5:29	8:22	
13	Mon	1:10	2.8	1:46	2.9	7:39	0.4	8:18	0.7	5:29	8:21	
14	Tue	1:58	2.6	2:36	2.8	8:26	0.5	9:17	0.8	5:30	8:21	
15	Wed	2:48	2.4	3:28	2.9	9:13	0.6	10:15	0.8	5:31	8:20	
16	Thu	3:43	2.3	4:23	2.9	10:01	0.7	11:10	0.8	5:32	8:20	
17	Fri	4:40	2.2	5:16	3.0	10:50	0.7			5:33	8:19	
18	Sat	5:35	2.3	6:05	3.1	12:03	0.7	11:39 AM	0.6	5:33	8:18	
19	Sun	6:25	2.3	6:51	3.2	12:53	0.6	12:27	0.6	5:34	8:18	
20	Mon	7:10	2.4	7:34	3.3	1:38	0.5	1:14	0.5	5:35	8:17	
21	Tue	7:54	2.5	8:16	3.4	2:19	0.4	1:59	0.4	5:36	8:16	
22	Wed	8:38	2.7	8:58	3.5	2:57	0.3	2:42	0.3	5:37	8:15	
23	Thu	9:21	2.8	9:40	3.5	3:34	0.2	3:24	0.2	5:38	8:14	
24	Fri	10:06	2.9	10:24	3.5	4:10	0.1	4:08	0.2	5:39	8:14	
25	Sat	10:52	3.0	11:08	3.4	4:47	0.1	4:54	0.2	5:40	8:13	
26	Sun	11:39	3.2	11:55	3.2	5:26	0.1	5:44	0.3	5:40	8:12	
27	Mon			12:28	3.3	6:09	0.1	6:40	0.3	5:41	8:11	
28	Tue	12:44	3.0	1:20	3.3	6:56	0.1	7:42	0.4	5:42	8:10	
29	Wed	1:37	2.8	2:16	3.4	7:49	0.2	8:50	0.5	5:43	8:09	
30	Thu	2:36	2.7	3:17	3.4	8:48	0.3	9:59	0.5	5:44	8:08	
31	Fri	3:40	2.5	4:22	3.4	9:51	0.3	11:07	0.4	5:45	8:07	