US HARBORS www.USHarbors.com

Ponquoque Point, NY - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:47	2.6	10:05	3.3	4:05	0.3	3:51	0.4	5:22	8:25	
2	Sun	10:30	2.6	10:45	3.2	4:40	0.3	4:30	0.4	5:23	8:25	
3	Mon	11:13	2.7	11:26	3.1	5:15	0.3	5:11	0.5	5:23	8:25	
4	Tue	11:56	2.7			5:50	0.4	5:55	0.6	5:24	8:25	
5	Wed	12:08	2.9	12:40	2.8	6:27	0.4	6:44	0.7	5:24	8:24	
6	Thu	12:51	2.8	1:26	2.8	7:07	0.5	7:39	0.7	5:25	8:24	
7	Fri	1:38	2.6	2:15	2.9	7:51	0.5	8:39	0.7	5:26	8:24	
8	Sat	2:29	2.5	3:08	3.0	8:40	0.5	9:40	0.7	5:26	8:23	
9	Sun	3:26	2.4	4:06	3.2	9:32	0.4	10:41	0.6	5:27	8:23	
10	Mon	4:26	2.4	5:04	3.3	10:28	0.4	11:42	0.4	5:28	8:22	
11	Tue	5:27	2.5	6:01	3.5	11:26	0.3			5:28	8:22	
12	Wed	6:25	2.6	6:55	3.7	12:41	0.3	12:25	0.1	5:29	8:22	
13	Thu	7:20	2.8	7:48	3.9	1:36	0.1	1:24	0.0	5:30	8:21	
14	Fri	8:13	2.9	8:40	3.9	2:28	-0.1	2:21	-0.1	5:31	8:20	
15	Sat	9:07	3.1	9:31	3.9	3:17	-0.2	3:16	-0.2	5:31	8:20	
16	Sun	10:00	3.2	10:23	3.8	4:05	-0.3	4:10	-0.2	5:32	8:19	
17	Mon	10:53	3.3	11:14	3.6	4:52	-0.3	5:04	-0.1	5:33	8:19	
18	Tue	11:47	3.4			5:39	-0.2	6:01	0.1	5:34	8:18	
19	Wed	12:05	3.3	12:40	3.4	6:28	-0.1	7:02	0.2	5:35	8:17	
20	Thu	12:57	3.1	1:34	3.3	7:19	0.1	8:07	0.4	5:36	8:16	
21	Fri	1:50	2.8	2:30	3.2	8:13	0.2	9:13	0.5	5:36	8:16	
22	Sat	2:46	2.5	3:29	3.1	9:09	0.4	10:18	0.6	5:37	8:15	
23	Sun	3:47	2.4	4:30	3.1	10:06	0.5	11:20	0.6	5:38	8:14	
24	Mon	4:51	2.3	5:28	3.1	11:02	0.5			5:39	8:13	
25	Tue	5:49	2.3	6:19	3.1	12:17	0.6	11:56 AM	0.6	5:40	8:12	
26	Wed	6:39	2.4	7:04	3.2	1:08	0.6	12:46	0.5	5:41	8:11	
27	Thu	7:23	2.5	7:44	3.3	1:52	0.5	1:32	0.5	5:42	8:10	
28	Fri	8:03	2.6	8:23	3.3	2:30	0.4	2:14	0.4	5:43	8:09	
29	Sat	8:42	2.7	9:00	3.3	3:05	0.3	2:54	0.4	5:44	8:08	
30	Sun	9:22	2.8	9:38	3.3	3:37	0.3	3:31	0.4	5:45	8:07	
31	Mon	10:01	2.9	10:16	3.2	4:08	0.3	4:08	0.4	5:46	8:06	