US HARBORS www.USHarbors.com

Ponquoque Point, NY - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:23**	2.8	**2:41**	2.1	**9:05**	0.1	**9:02**	-0.1	7:14	4:33	
2	Tue	**3:25**	2.9	**3:46**	2.0	**10:10**	0.1	**9:59**	-0.1	7:14	4:33	
3	Wed	**4:25**	2.9	**4:46**	2.0	**11:11**	0.0	**10:54**	-0.1	7:14	4:34	
4	Thu	**5:19**	2.9	**5:40**	2.1			**12:06**	0.0	7:14	4:35	
5	Fri	**6:06**	3.0	**6:27**	2.1			**12:54**	-0.1	7:14	4:36	
6	Sat	**6:50**	3.0	**7:10**	2.2	**12:35**	-0.1	**1:37**	-0.1	7:14	4:37	
7	Sun	**7:31**	3.0	**7:52**	2.2	**1:20**	-0.1	**2:15**	-0.2	7:14	4:38	
8	Mon	**8:10**	3.0	**8:33**	2.3	**2:01**	-0.1	**2:50**	-0.2	7:14	4:39	
9	Tue	**8:50**	2.9	**9:14**	2.3	**2:41**	-0.1	**3:24**	-0.2	7:13	4:40	
10	Wed	**9:29**	2.8	**9:55**	2.4	**3:19**	-0.1	**3:58**	-0.2	7:13	4:41	
11	Thu	**10:09**	2.7	**10:37**	2.4	**3:59**	0.0	**4:31**	-0.1	7:13	4:42	
12	Fri	**10:50**	2.5	**11:20**	2.4	**4:40**	0.1	**5:06**	0.0	7:13	4:43	
13	Sat	**11:31**	2.4			**5:26**	0.2	**5:44**	0.0	7:12	4:44	
14	Sun	**12:04**	2.4	**12:16**	2.2	**6:17**	0.3	**6:26**	0.1	7:12	4:45	
15	Mon	**12:51**	2.5	**1:05**	2.0	**7:15**	0.4	**7:14**	0.1	7:11	4:47	
16	Tue	**1:44**	2.5	**2:00**	1.9	**8:17**	0.4	**8:08**	0.1	7:11	4:48	
17	Wed	**2:41**	2.6	**3:01**	1.9	**9:20**	0.3	**9:05**	0.1	7:10	4:49	
18	Thu	**3:41**	2.7	**4:04**	2.0	**10:21**	0.2	**10:04**	0.0	7:10	4:50	
19	Fri	**4:39**	2.9	**5:03**	2.1	**11:20**	0.0	**11:03**	-0.2	7:09	4:51	
20	Sat	**5:34**	3.2	**5:57**	2.3			**12:14**	-0.2	7:09	4:52	
21	Sun	**6:25**	3.3	**6:49**	2.5	**12:01**	-0.4	**1:04**	-0.4	7:08	4:54	
22	Mon	**7:15**	3.5	**7:41**	2.7	**12:57**	-0.5	**1:51**	-0.6	7:08	4:55	
23	Tue	**8:05**	3.5	**8:31**	2.9	**1:51**	-0.6	**2:36**	-0.7	7:07	4:56	
24	Wed	**8:54**	3.4	**9:23**	3.0	**2:43**	-0.7	**3:21**	-0.8	7:06	4:57	
25	Thu	**9:43**	3.3	**10:14**	3.1	**3:35**	-0.6	**4:05**	-0.7	7:05	4:58	
26	Fri	**10:33**	3.0	**11:06**	3.1	**4:28**	-0.5	**4:52**	-0.6	7:05	5:00	
27	Sat	**11:24**	2.8	**11:59**	3.0	**5:25**	-0.3	**5:41**	-0.5	7:04	5:01	
28	Sun			**12:16**	2.5	**6:27**	-0.1	**6:35**	-0.3	7:03	5:02	
29	Mon	**12:54**	2.9	**1:12**	2.2	**7:34**	0.1	**7:33**	-0.1	7:02	5:03	
30	Tue	**1:54**	2.8	**2:14**	2.0	**8:44**	0.2	**8:35**	0.0	7:01	5:04	
31	Wed	**2:59**	2.7	**3:22**	1.9	**9:52**	0.2	**9:38**	0.1	7:00	5:06	