US HARBORS www.USHarbors.com

Ponquoque Point, NY - Mar 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:02	3.2	8:25	3.2	2:00	-0.4	2:20	-0.4	6:22	5:41	
2	Mon	8:46	3.1	9:11	3.4	2:44	-0.4	2:59	-0.5	6:20	5:42	
3	Tue	9:32	3.0	9:58	3.4	3:29	-0.4	3:40	-0.5	6:19	5:44	
4	Wed	10:20	2.9	10:48	3.4	4:18	-0.3	4:24	-0.4	6:17	5:45	
5	Thu	11:10	2.7	11:42	3.3	5:11	-0.2	5:14	-0.2	6:16	5:46	
6	Fri			12:05	2.5	6:12	0.0	6:13	0.0	6:14	5:47	
7	Sat	12:40	3.1	1:06	2.4	7:20	0.1	7:21	0.1	6:12	5:48	
8	Sun	1:44	3.0	3:14	2.3	9:32	0.2	9:34	0.1	7:11	6:49	
9	Mon	3:53	2.9	4:26	2.3	10:41	0.2	10:45	0.1	7:09	6:50	
10	Tue	5:02	2.9	5:34	2.5	11:43	0.1	11:51	0.0	7:08	6:51	
11	Wed	6:03	3.0	6:31	2.7			12:37	0.0	7:06	6:52	
12	Thu	6:54	3.0	7:18	2.9	12:49	-0.1	1:25	-0.1	7:04	6:54	
13	Fri	7:39	3.0	8:01	3.0	1:41	-0.1	2:06	-0.2	7:03	6:55	
14	Sat	8:20	3.0	8:41	3.1	2:26	-0.2	2:44	-0.2	7:01	6:56	
15	Sun	8:59	3.0	9:20	3.2	3:08	-0.2	3:20	-0.2	6:59	6:57	
16	Mon	9:38	2.9	9:58	3.2	3:47	-0.2	3:53	-0.1	6:58	6:58	
17	Tue	10:17	2.8	10:38	3.1	4:24	-0.1	4:27	0.0	6:56	6:59	
18	Wed	10:57	2.6	11:18	3.0	5:02	0.0	5:01	0.1	6:54	7:00	
19	Thu	11:38	2.5			5:42	0.2	5:37	0.2	6:53	7:01	
20	Fri	12:01	2.9	12:21	2.3	6:26	0.4	6:19	0.4	6:51	7:02	
21	Sat	12:47	2.8	1:08	2.2	7:17	0.5	7:08	0.5	6:49	7:03	
22	Sun	1:38	2.7	2:01	2.1	8:16	0.6	8:09	0.6	6:48	7:04	
23	Mon	2:33	2.6	3:01	2.1	9:19	0.6	9:15	0.6	6:46	7:05	
24	Tue	3:34	2.6	4:04	2.2	10:17	0.6	10:19	0.5	6:44	7:06	
25	Wed	4:34	2.7	5:04	2.4	11:10	0.4	11:18	0.4	6:43	7:08	
26	Thu	5:30	2.8	5:56	2.7	11:58	0.3			6:41	7:09	
27	Fri	6:20	2.9	6:44	3.0	12:13	0.2	12:42	0.1	6:40	7:10	
28	Sat	7:07	3.1	7:30	3.3	1:05	0.0	1:25	-0.1	6:38	7:11	
29	Sun	7:52	3.2	8:15	3.5	1:54	-0.2	2:07	-0.3	6:36	7:12	
30	Mon	8:38	3.2	9:01	3.7	2:41	-0.4	2:50	-0.4	6:35	7:13	
31	Tue	9:25	3.2	9:49	3.8	3:28	-0.4	3:33	-0.4	6:33	7:14	