US HARBORS www.USHarbors.com

Ponquoque Point, NY - Mar 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:11	3.2	5:39	2.8	11:45	-0.3	11:57	-0.4	6:22	5:41	
2	Tue	6:06	3.3	6:31	3.0			12:37	-0.4	6:21	5:42	
3	Wed	6:56	3.3	7:20	3.2	12:53	-0.5	1:23	-0.5	6:19	5:43	
4	Thu	7:43	3.3	8:07	3.3	1:44	-0.5	2:07	-0.6	6:18	5:44	
5	Fri	8:28	3.2	8:52	3.3	2:31	-0.5	2:48	-0.5	6:16	5:46	
6	Sat	9:12	3.0	9:36	3.3	3:17	-0.4	3:29	-0.4	6:14	5:47	
7	Sun	9:56	2.8	10:21	3.2	4:01	-0.3	4:08	-0.2	6:13	5:48	
8	Mon	10:40	2.6	11:06	3.0	4:46	-0.1	4:50	0.0	6:11	5:49	
9	Tue	11:25	2.4	11:53	2.8	5:35	0.2	5:34	0.2	6:10	5:50	
10	Wed			12:12	2.2	6:29	0.4	6:26	0.4	6:08	5:51	
11	Thu	12:43	2.7	1:04	2.1	7:29	0.5	7:25	0.5	6:06	5:52	
12	Fri	1:38	2.5	2:03	2.0	8:32	0.6	8:28	0.5	6:05	5:53	
13	Sat	2:39	2.5	3:07	2.1	9:32	0.6	9:30	0.5	6:03	5:54	
14	Sun	4:40	2.5	5:07	2.2	11:25	0.5	11:26	0.4	7:01	6:55	
15	Mon	5:35	2.6	5:59	2.4			12:12	0.4	7:00	6:57	
16	Tue	6:22	2.7	6:44	2.6	12:18	0.3	12:53	0.2	6:58	6:58	
17	Wed	7:04	2.8	7:25	2.8	1:04	0.2	1:31	0.1	6:57	6:59	
18	Thu	7:45	2.9	8:05	3.0	1:47	0.0	2:07	0.0	6:55	7:00	
19	Fri	8:24	3.0	8:45	3.2	2:28	-0.1	2:42	-0.1	6:53	7:01	
20	Sat	9:05	3.0	9:26	3.3	3:07	-0.2	3:17	-0.2	6:52	7:02	
21	Sun	9:47	3.0	10:09	3.4	3:48	-0.2	3:53	-0.2	6:50	7:03	
22	Mon	10:31	2.9	10:55	3.4	4:30	-0.2	4:32	-0.2	6:48	7:04	
23	Tue	11:18	2.8	11:44	3.4	5:15	-0.1	5:16	-0.1	6:47	7:05	
24	Wed			12:08	2.7	6:06	0.0	6:06	0.0	6:45	7:06	
25	Thu	12:37	3.3	1:03	2.6	7:05	0.1	7:06	0.1	6:43	7:07	
26	Fri	1:34	3.2	2:04	2.5	8:12	0.2	8:16	0.2	6:42	7:08	
27	Sat	2:37	3.1	3:11	2.5	9:21	0.2	9:31	0.2	6:40	7:09	
28	Sun	3:45	3.0	4:21	2.6	10:26	0.2	10:42	0.1	6:38	7:10	
29	Mon	4:52	3.0	5:26	2.8	11:26	0.0	11:47	0.0	6:37	7:12	
30	Tue	5:53	3.1	6:23	3.1			12:21	-0.1	6:35	7:13	
31	Wed	6:47	3.1	7:12	3.3	12:46	-0.1	1:10	-0.2	6:33	7:14	