

Port Jefferson, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:50	7.2	4:18	7.8	10:05	0.0	10:45	0.1	5:48	8:08	
2	Mon	4:45	6.9	5:13	7.7	11:00	0.2	11:45	0.2	5:49	8:07	
3	Tue	5:45	6.6	6:13	7.5			12:00	0.4	5:50	8:06	
4	Wed	6:49	6.5	7:16	7.5	12:49	0.3	1:03	0.5	5:51	8:05	
5	Thu	7:54	6.4	8:19	7.4	1:52	0.3	2:06	0.6	5:52	8:03	
6	Fri	8:56	6.6	9:19	7.5	2:53	0.2	3:06	0.5	5:53	8:02	
7	Sat	9:54	6.8	10:14	7.6	3:50	0.1	4:04	0.4	5:54	8:01	
8	Sun	10:46	7.0	11:05	7.6	4:42	0.0	4:58	0.2	5:55	8:00	
9	Mon	11:34	7.2	11:51	7.5	5:30	-0.1	5:46	0.2	5:56	7:58	
10	Tue			12:18	7.3	6:13	-0.1	6:32	0.2	5:57	7:57	
11	Wed	12:35	7.4	1:00	7.3	6:54	0.0	7:15	0.2	5:58	7:56	
12	Thu	1:18	7.2	1:42	7.3	7:33	0.1	7:57	0.4	5:59	7:54	
13	Fri	2:00	7.0	2:23	7.2	8:13	0.3	8:40	0.5	6:00	7:53	
14	Sat	2:44	6.8	3:05	7.0	8:53	0.5	9:24	0.7	6:01	7:52	
15	Sun	3:28	6.5	3:48	6.9	9:35	0.8	10:10	0.8	6:02	7:50	
16	Mon	4:14	6.3	4:33	6.7	10:20	1.0	10:59	1.0	6:03	7:49	
17	Tue	5:02	6.1	5:21	6.6	11:08	1.2	11:52	1.1	6:04	7:48	
18	Wed	5:55	5.9	6:14	6.5			12:01	1.4	6:05	7:46	
19	Thu	6:52	5.8	7:10	6.5	12:47	1.1	12:57	1.4	6:06	7:45	
20	Fri	7:49	5.9	8:06	6.6	1:43	1.0	1:54	1.3	6:07	7:43	
21	Sat	8:43	6.1	8:59	6.8	2:37	0.9	2:48	1.1	6:08	7:42	
22	Sun	9:34	6.5	9:49	7.1	3:28	0.6	3:40	0.8	6:09	7:40	
23	Mon	10:21	6.9	10:37	7.4	4:16	0.3	4:30	0.4	6:10	7:39	
24	Tue	11:07	7.3	11:24	7.7	5:02	0.0	5:19	0.1	6:11	7:37	
25	Wed	11:51	7.6			5:46	-0.3	6:06	-0.2	6:12	7:36	
26	Thu	12:10	7.8	12:36	7.9	6:30	-0.4	6:53	-0.4	6:13	7:34	
27	Fri	12:57	7.8	1:23	8.1	7:15	-0.5	7:43	-0.5	6:14	7:32	
28	Sat	1:46	7.7	2:11	8.2	8:02	-0.4	8:34	-0.4	6:15	7:31	
29	Sun	2:38	7.5	3:03	8.1	8:51	-0.2	9:29	-0.2	6:16	7:29	
30	Mon	3:32	7.2	3:57	7.9	9:45	0.0	10:27	0.0	6:17	7:28	
31	Tue	4:29	6.9	4:54	7.7	10:42	0.3	11:28	0.2	6:18	7:26	