

Port Jefferson, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:58	6.7	7:23	6.4	12:45	0.6	1:18	0.6	6:23	4:48	
2	Tue	7:51	6.9	8:15	6.5	1:37	0.6	2:11	0.5	6:24	4:47	
3	Wed	8:37	7.0	9:02	6.5	2:24	0.5	2:59	0.3	6:25	4:45	
4	Thu	9:20	7.2	9:45	6.6	3:08	0.5	3:42	0.2	6:27	4:44	
5	Fri	9:58	7.2	10:24	6.6	3:49	0.4	4:22	0.1	6:28	4:43	
6	Sat	10:35	7.3	11:02	6.6	4:27	0.4	5:00	0.0	6:29	4:42	
7	Sun	11:12	7.2	11:40	6.6	5:05	0.5	5:37	0.0	6:30	4:41	
8	Mon	11:49	7.1			5:42	0.6	6:14	0.1	6:31	4:40	
9	Tue	12:19	6.5	12:27	7.0	6:20	0.7	6:53	0.2	6:33	4:39	
10	Wed	12:59	6.4	1:07	6.9	6:59	0.8	7:34	0.3	6:34	4:38	
11	Thu	1:42	6.3	1:50	6.7	7:42	0.9	8:17	0.4	6:35	4:37	
12	Fri	2:26	6.2	2:36	6.6	8:29	0.9	9:03	0.5	6:36	4:36	
13	Sat	3:14	6.2	3:26	6.5	9:20	1.0	9:54	0.5	6:37	4:35	
14	Sun	4:04	6.3	4:20	6.4	10:16	0.9	10:48	0.5	6:38	4:34	
15	Mon	4:59	6.5	5:19	6.4	11:17	0.8	11:44	0.4	6:40	4:33	
16	Tue	5:56	6.7	6:20	6.5			12:17	0.5	6:41	4:33	
17	Wed	6:53	7.1	7:20	6.7	12:40	0.2	1:16	0.1	6:42	4:32	
18	Thu	7:47	7.5	8:16	6.9	1:35	0.0	2:13	-0.3	6:43	4:31	
19	Fri	8:40	8.0	9:11	7.1	2:29	-0.3	3:09	-0.7	6:44	4:30	
20	Sat	9:33	8.3	10:04	7.3	3:22	-0.5	4:02	-1.0	6:45	4:30	
21	Sun	10:24	8.4	10:56	7.4	4:14	-0.6	4:54	-1.2	6:47	4:29	
22	Mon	11:15	8.4	11:48	7.3	5:06	-0.6	5:45	-1.1	6:48	4:28	
23	Tue			12:07	8.2	5:58	-0.5	6:37	-1.0	6:49	4:28	
24	Wed	12:41	7.2	1:00	7.9	6:51	-0.3	7:30	-0.7	6:50	4:27	
25	Thu	1:35	7.0	1:55	7.5	7:47	-0.1	8:24	-0.4	6:51	4:27	
26	Fri	2:31	6.8	2:51	7.0	8:45	0.2	9:19	-0.1	6:52	4:26	
27	Sat	3:27	6.6	3:48	6.6	9:44	0.5	10:15	0.2	6:53	4:26	
28	Sun	4:24	6.5	4:48	6.3	10:46	0.6	11:11	0.4	6:54	4:26	
29	Mon	5:23	6.4	5:49	6.0	11:47	0.7			6:55	4:25	
30	Tue	6:21	6.5	6:48	5.9	12:06	0.6	12:45	0.6	6:56	4:25	