

































Port Jefferson, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:50	6.5	2:05	6.7	8:00	0.2	8:25	-0.3	7:17	4:34	
2	Tue	2:36	6.6	2:55	6.5	8:51	0.2	9:13	-0.2	7:17	4:35	
3	Wed	3:26	6.7	3:49	6.3	9:48	0.2	10:04	0.0	7:17	4:36	
4	Thu	4:19	6.8	4:48	6.0	10:49	0.2	11:01	0.2	7:17	4:37	
5	Fri	5:17	6.8	5:52	5.8	11:53	0.1			7:17	4:38	
6	Sat	6:19	6.9	6:57	5.8	12:02	0.2	12:57	0.0	7:17	4:39	
7	Sun	7:21	7.1	8:00	5.9	1:04	0.2	1:59	-0.2	7:17	4:40	
8	Mon	8:21	7.2	8:59	6.1	2:05	0.1	2:59	-0.4	7:16	4:41	
9	Tue	9:19	7.3	9:55	6.4	3:05	0.0	3:54	-0.6	7:16	4:42	
10	Wed	10:13	7.4	10:46	6.5	4:01	-0.2	4:45	-0.7	7:16	4:43	
11	Thu	11:03	7.4	11:34	6.6	4:53	-0.3	5:33	-0.7	7:16	4:44	
12	Fri	11:51	7.2			5:43	-0.3	6:18	-0.6	7:15	4:45	
13	Sat	12:21	6.7	12:38	7.0	6:31	-0.2	7:02	-0.5	7:15	4:46	
14	Sun	1:08	6.7	1:25	6.7	7:18	-0.1	7:45	-0.2	7:15	4:47	
15	Mon	1:53	6.6	2:11	6.3	8:06	0.1	8:28	0.0	7:14	4:48	
16	Tue	2:39	6.5	2:58	6.0	8:55	0.3	9:12	0.3	7:14	4:49	
17	Wed	3:24	6.3	3:47	5.6	9:45	0.5	9:58	0.6	7:13	4:51	
18	Thu	4:12	6.2	4:39	5.4	10:38	0.7	10:48	0.9	7:13	4:52	
19	Fri	5:03	6.0	5:36	5.2	11:33	0.8	11:42	1.0	7:12	4:53	
20	Sat	5:58	5.9	6:35	5.1			12:30	0.8	7:12	4:54	
21	Sun	6:54	5.9	7:32	5.2	12:38	1.1	1:25	0.7	7:11	4:55	
22	Mon	7:47	6.1	8:24	5.4	1:32	1.0	2:17	0.5	7:10	4:56	
23	Tue	8:38	6.3	9:12	5.6	2:24	0.8	3:06	0.2	7:10	4:58	
24	Wed	9:24	6.5	9:56	5.9	3:13	0.6	3:51	0.0	7:09	4:59	
25	Thu	10:08	6.8	10:37	6.2	3:59	0.3	4:34	-0.3	7:08	5:00	
26	Fri	10:49	7.0	11:17	6.4	4:42	0.1	5:14	-0.5	7:08	5:01	
27	Sat	11:31	7.1	11:58	6.7	5:25	-0.2	5:53	-0.6	7:07	5:02	
28	Sun			12:14	7.1	6:08	-0.3	6:33	-0.7	7:06	5:04	
29	Mon	12:40	6.9	12:58	7.0	6:53	-0.4	7:15	-0.6	7:05	5:05	
30	Tue	1:24	7.0	1:45	6.8	7:41	-0.4	7:59	-0.5	7:04	5:06	
31	Wed	2:11	7.1	2:36	6.6	8:32	-0.3	8:47	-0.3	7:03	5:07	