

































## Port Jefferson, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:01	5.8	7:23	6.7	1:00	0.9	1:07	1.2	5:23	8:28	
2	Mon	7:58	5.7	8:15	6.7	1:55	0.9	1:59	1.3	5:24	8:28	
3	Tue	8:53	5.7	9:05	6.7	2:47	0.8	2:50	1.3	5:25	8:27	
4	Wed	9:43	5.9	9:52	6.8	3:36	0.7	3:40	1.3	5:25	8:27	
5	Thu	10:29	6.0	10:37	6.9	4:23	0.6	4:27	1.2	5:26	8:27	
6	Fri	11:12	6.2	11:19	7.0	5:06	0.5	5:12	1.1	5:26	8:27	
7	Sat	11:53	6.3			5:47	0.3	5:54	0.9	5:27	8:26	
8	Sun	12:00	7.1	12:32	6.5	6:26	0.2	6:35	0.8	5:28	8:26	
9	Mon	12:40	7.1	1:11	6.6	7:05	0.2	7:16	0.7	5:28	8:26	
10	Tue	1:20	7.1	1:51	6.8	7:43	0.1	7:58	0.7	5:29	8:25	
11	Wed	2:02	7.1	2:32	6.9	8:23	0.1	8:43	0.6	5:30	8:25	
12	Thu	2:46	7.0	3:15	7.1	9:04	0.1	9:30	0.6	5:30	8:24	
13	Fri	3:32	6.9	4:00	7.2	9:47	0.2	10:21	0.5	5:31	8:24	
14	Sat	4:22	6.7	4:49	7.3	10:33	0.3	11:17	0.5	5:32	8:23	
15	Sun	5:16	6.4	5:42	7.4	11:25	0.5			5:33	8:23	
16	Mon	6:16	6.3	6:40	7.4	12:17	0.5	12:23	0.6	5:33	8:22	
17	Tue	7:19	6.2	7:42	7.5	1:19	0.4	1:25	0.7	5:34	8:22	
18	Wed	8:23	6.2	8:44	7.6	2:22	0.3	2:27	0.7	5:35	8:21	
19	Thu	9:25	6.4	9:44	7.7	3:23	0.1	3:29	0.5	5:36	8:20	
20	Fri	10:24	6.7	10:42	7.8	4:22	-0.1	4:30	0.4	5:37	8:19	
21	Sat	11:19	6.9	11:36	7.8	5:17	-0.2	5:26	0.2	5:38	8:19	
22	Sun			12:10	7.1	6:08	-0.3	6:19	0.1	5:39	8:18	
23	Mon	12:27	7.8	12:59	7.3	6:55	-0.3	7:10	0.1	5:39	8:17	
24	Tue	1:17	7.6	1:48	7.3	7:41	-0.2	8:01	0.2	5:40	8:16	
25	Wed	2:06	7.3	2:35	7.3	8:26	0.0	8:50	0.3	5:41	8:15	
26	Thu	2:54	6.9	3:22	7.2	9:10	0.3	9:40	0.5	5:42	8:14	
27	Fri	3:42	6.6	4:08	7.1	9:55	0.6	10:30	0.7	5:43	8:13	
28	Sat	4:31	6.2	4:55	6.9	10:41	0.9	11:22	0.9	5:44	8:13	
29	Sun	5:22	5.9	5:44	6.7	11:30	1.2			5:45	8:12	
30	Mon	6:18	5.7	6:38	6.5	12:16	1.1	12:23	1.4	5:46	8:10	
31	Tue	7:16	5.6	7:34	6.4	1:12	1.1	1:18	1.5	5:47	8:09	