

































Port Jefferson, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:34	7.0	10:02	6.8	3:22	0.0	3:59	-0.3	6:25	5:43	
2	Mon	10:23	7.1	10:47	7.1	4:15	-0.3	4:44	-0.5	6:24	5:44	
3	Tue	11:08	7.1	11:30	7.2	5:02	-0.5	5:25	-0.5	6:22	5:45	
4	Wed	11:50	7.0			5:46	-0.5	6:04	-0.4	6:21	5:46	
5	Thu	12:10	7.3	12:32	6.8	6:28	-0.4	6:43	-0.2	6:19	5:47	
6	Fri	12:50	7.2	1:14	6.5	7:10	-0.2	7:21	0.1	6:18	5:48	
7	Sat	1:31	7.0	1:57	6.2	7:52	0.0	8:01	0.4	6:16	5:50	
8	Sun	3:12	6.7	3:41	5.9	9:35	0.3	9:44	0.8	7:14	6:51	
9	Mon	3:56	6.4	4:28	5.6	10:22	0.6	10:32	1.1	7:13	6:52	
10	Tue	4:43	6.1	5:20	5.4	11:13	0.8	11:25	1.3	7:11	6:53	
11	Wed	5:37	5.8	6:18	5.2			12:09	1.0	7:09	6:54	
12	Thu	6:37	5.7	7:19	5.2	12:25	1.4	1:10	1.1	7:08	6:55	
13	Fri	7:39	5.8	8:17	5.4	1:26	1.4	2:08	1.0	7:06	6:56	
14	Sat	8:37	6.0	9:10	5.7	2:24	1.2	3:01	0.8	7:05	6:57	
15	Sun	9:28	6.3	9:57	6.1	3:18	0.8	3:49	0.5	7:03	6:58	
16	Mon	10:15	6.6	10:39	6.6	4:07	0.5	4:33	0.2	7:01	7:00	
17	Tue	10:59	6.8	11:20	7.0	4:53	0.1	5:15	-0.1	7:00	7:01	
18	Wed	11:41	7.0			5:37	-0.3	5:54	-0.3	6:58	7:02	
19	Thu	12:00	7.3	12:24	7.1	6:20	-0.6	6:34	-0.4	6:56	7:03	
20	Fri	12:40	7.6	1:08	7.1	7:04	-0.7	7:15	-0.4	6:55	7:04	
21	Sat	1:23	7.7	1:54	6.9	7:50	-0.7	7:59	-0.2	6:53	7:05	
22	Sun	2:09	7.7	2:44	6.7	8:39	-0.6	8:47	0.0	6:51	7:06	
23	Mon	3:00	7.5	3:37	6.4	9:32	-0.3	9:41	0.3	6:50	7:07	
24	Tue	3:54	7.2	4:35	6.1	10:31	0.0	10:42	0.6	6:48	7:08	
25	Wed	4:55	6.9	5:39	5.9	11:36	0.3	11:50	0.8	6:46	7:09	
26	Thu	6:03	6.6	6:48	5.9			12:45	0.5	6:45	7:10	
27	Fri	7:15	6.5	7:57	6.0	1:02	0.8	1:52	0.5	6:43	7:11	
28	Sat	8:25	6.5	8:59	6.4	2:11	0.6	2:53	0.4	6:41	7:12	
29	Sun	9:26	6.7	9:54	6.8	3:14	0.4	3:47	0.2	6:40	7:13	
30	Mon	10:19	6.8	10:42	7.1	4:10	0.1	4:35	0.0	6:38	7:15	
31	Tue	11:05	6.9	11:24	7.3	5:00	-0.2	5:18	-0.1	6:36	7:16	