

Port Washington, Manhasset Bay, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:41	7.3	5:08	6.3	11:17	0.7	11:20	0.9	7:19	4:37	
2	Fri	5:34	7.4	6:08	6.2			12:20	0.6	7:19	4:38	
3	Sat	6:31	7.5	7:14	6.3	12:16	0.9	1:33	0.3	7:19	4:39	
4	Sun	7:33	7.8	8:24	6.5	1:18	0.8	2:39	-0.1	7:19	4:40	
5	Mon	8:34	8.1	9:23	6.9	2:22	0.5	3:32	-0.5	7:19	4:41	
6	Tue	9:30	8.5	10:16	7.3	3:21	0.2	4:22	-0.9	7:19	4:42	
7	Wed	10:25	8.7	11:09	7.8	4:18	-0.2	5:11	-1.2	7:19	4:43	
8	Thu	11:19	8.9			5:15	-0.6	6:00	-1.5	7:19	4:44	
9	Fri	12:01	8.1	12:12	8.9	6:11	-0.8	6:47	-1.6	7:18	4:45	
10	Sat	12:51	8.4	1:05	8.7	7:06	-1.0	7:33	-1.5	7:18	4:46	
11	Sun	1:41	8.6	1:57	8.4	8:01	-1.0	8:23	-1.2	7:18	4:47	
12	Mon	2:33	8.6	2:55	7.9	9:01	-0.8	9:18	-0.9	7:18	4:48	
13	Tue	3:31	8.4	3:59	7.4	10:08	-0.6	10:20	-0.4	7:17	4:49	
14	Wed	4:33	8.1	5:08	7.0	11:14	-0.4	11:25	0.0	7:17	4:50	
15	Thu	5:37	7.9	6:18	6.6			12:20	-0.2	7:17	4:51	
16	Fri	6:43	7.6	7:28	6.4	12:32	0.3	1:24	-0.1	7:16	4:52	
17	Sat	7:49	7.5	8:31	6.4	1:39	0.5	2:24	-0.1	7:16	4:53	
18	Sun	8:47	7.4	9:25	6.5	2:38	0.6	3:18	-0.2	7:15	4:54	
19	Mon	9:37	7.4	10:14	6.5	3:31	0.6	4:07	-0.2	7:15	4:56	
20	Tue	10:22	7.4	10:58	6.6	4:20	0.6	4:53	-0.2	7:14	4:57	
21	Wed	11:03	7.3	11:37	6.7	5:04	0.6	5:35	-0.2	7:14	4:58	
22	Thu	11:37	7.3			5:44	0.6	6:11	-0.1	7:13	4:59	
23	Fri	12:09	6.7	12:00	7.2	6:17	0.6	6:39	-0.1	7:12	5:00	
24	Sat	12:30	6.9	12:17	7.2	6:39	0.5	6:52	0.0	7:12	5:02	
25	Sun	12:43	7.0	12:45	7.2	6:56	0.4	7:08	0.0	7:11	5:03	
26	Mon	1:09	7.3	1:20	7.2	7:25	0.3	7:37	0.0	7:10	5:04	
27	Tue	1:44	7.5	2:01	7.1	8:02	0.2	8:14	0.1	7:09	5:05	
28	Wed	2:24	7.6	2:46	6.9	8:46	0.3	8:57	0.3	7:08	5:06	
29	Thu	3:10	7.6	3:36	6.6	9:36	0.3	9:46	0.5	7:07	5:08	
30	Fri	4:01	7.6	4:30	6.4	10:32	0.4	10:39	0.7	7:07	5:09	
31	Sat	4:56	7.5	5:29	6.2	11:34	0.4	11:38	0.8	7:06	5:10	