

Port Washington, Manhasset Bay, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:06	7.6	6:11	-0.3	6:26	-0.2	6:28	5:46	
2	Tue	12:20	7.6	12:30	7.4	6:44	-0.2	6:50	0.0	6:26	5:47	
3	Wed	12:34	7.6	12:41	7.3	7:04	0.0	6:57	0.1	6:25	5:48	
4	Thu	12:49	7.7	1:05	7.3	7:16	0.0	7:18	0.2	6:23	5:49	
5	Fri	1:20	7.7	1:40	7.2	7:44	0.1	7:52	0.3	6:21	5:50	
6	Sat	1:58	7.7	2:21	7.0	8:22	0.3	8:33	0.5	6:20	5:51	
7	Sun	2:42	7.5	3:09	6.7	9:08	0.5	9:21	0.8	6:18	5:52	
8	Mon	3:32	7.4	4:01	6.5	10:01	0.7	10:15	1.0	6:17	5:54	
9	Tue	4:26	7.2	4:58	6.4	11:00	0.8	11:14	1.1	6:15	5:55	
10	Wed	5:24	7.1	6:01	6.5			12:06	0.8	6:13	5:56	
11	Thu	6:28	7.2	7:13	6.7	12:21	1.0	1:32	0.6	6:12	5:57	
12	Fri	7:41	7.4	8:25	7.3	1:43	0.7	2:38	0.2	6:10	5:58	
13	Sat	8:47	7.8	9:17	7.9	2:53	0.1	3:23	-0.3	6:09	5:59	
14	Sun	9:40	8.2	10:03	8.5	3:44	-0.5	4:06	-0.7	6:07	6:00	
15	Mon	10:28	8.6	10:49	9.1	4:31	-1.0	4:48	-1.1	6:05	6:01	
16	Tue	11:16	8.8	11:36	9.4	5:19	-1.4	5:33	-1.3	6:04	6:02	
17	Wed			12:04	8.9	6:06	-1.7	6:18	-1.4	6:02	6:03	
18	Thu	12:23	9.6	12:52	8.8	6:54	-1.7	7:05	-1.3	6:00	6:04	
19	Fri	1:11	9.5	1:42	8.6	7:44	-1.5	7:55	-1.0	5:59	6:05	
20	Sat	2:02	9.2	2:37	8.1	8:40	-1.1	8:53	-0.5	5:57	6:07	
21	Sun	3:01	8.7	3:46	7.7	9:50	-0.7	10:09	-0.1	5:55	6:08	
22	Mon	4:14	8.1	5:06	7.3	11:06	-0.3	11:32	0.2	5:54	6:09	
23	Tue	5:35	7.7	6:22	7.2			12:16	-0.1	5:52	6:10	
24	Wed	6:51	7.5	7:31	7.2	12:45	0.3	1:22	0.0	5:50	6:11	
25	Thu	7:58	7.5	8:30	7.4	1:50	0.3	2:21	-0.1	5:49	6:12	
26	Fri	8:55	7.6	9:21	7.6	2:47	0.1	3:13	-0.1	5:47	6:13	
27	Sat	9:44	7.6	10:07	7.7	3:38	-0.1	4:01	-0.2	5:45	6:14	
28	Sun	10:28	7.6	10:47	7.8	4:24	-0.2	4:44	-0.1	5:44	6:15	
29	Mon	11:08	7.6	11:22	7.8	5:07	-0.2	5:24	0.1	5:42	6:16	
30	Tue	11:43	7.5	11:48	7.7	5:46	-0.2	5:58	0.2	5:40	6:17	
31	Wed			12:07	7.3	6:19	-0.1	6:19	0.4	5:39	6:18	