

Port Washington, Manhasset Bay, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:07	8.5	2:38	8.5	8:30	-0.4	8:54	0.0	5:27	8:30	
2	Fri	2:55	8.4	3:27	8.6	9:16	-0.4	9:48	0.0	5:27	8:30	
3	Sat	3:48	8.2	4:21	8.7	10:08	-0.3	10:50	0.0	5:28	8:30	
4	Sun	4:47	7.9	5:20	8.7	11:06	-0.1	11:59	0.0	5:28	8:29	
5	Mon	5:51	7.7	6:24	8.6			12:09	0.1	5:29	8:29	
6	Tue	7:04	7.5	7:37	8.6	1:21	0.0	1:22	0.2	5:29	8:29	
7	Wed	8:33	7.5	8:57	8.7	2:41	-0.2	2:47	0.2	5:30	8:28	
8	Thu	9:45	7.7	10:02	8.9	3:45	-0.5	3:56	0.1	5:31	8:28	
9	Fri	10:44	7.9	10:58	9.0	4:41	-0.7	4:55	-0.1	5:31	8:28	
10	Sat	11:37	8.1	11:50	8.9	5:34	-0.9	5:49	-0.2	5:32	8:27	
11	Sun			12:27	8.2	6:24	-0.9	6:40	-0.2	5:33	8:27	
12	Mon	12:39	8.8	1:14	8.3	7:11	-0.9	7:28	-0.1	5:34	8:26	
13	Tue	1:24	8.6	1:56	8.2	7:55	-0.7	8:12	0.0	5:34	8:26	
14	Wed	2:04	8.3	2:35	8.1	8:35	-0.4	8:54	0.2	5:35	8:25	
15	Thu	2:39	8.0	3:09	8.0	9:11	-0.1	9:36	0.5	5:36	8:25	
16	Fri	3:12	7.7	3:43	7.8	9:45	0.3	10:23	0.7	5:37	8:24	
17	Sat	3:49	7.3	4:21	7.6	10:21	0.7	11:18	0.9	5:37	8:23	
18	Sun	4:35	7.0	5:06	7.5	11:05	1.0			5:38	8:23	
19	Mon	5:29	6.7	5:58	7.3	12:18	1.0	11:58 AM	1.2	5:39	8:22	
20	Tue	6:34	6.4	6:56	7.3	1:19	1.1	1:06	1.4	5:40	8:21	
21	Wed	8:05	6.4	8:13	7.3	2:21	1.1	2:24	1.5	5:41	8:21	
22	Thu	9:11	6.4	9:15	7.4	3:17	0.9	3:23	1.4	5:42	8:20	
23	Fri	10:01	6.6	9:59	7.6	4:06	0.7	4:10	1.3	5:43	8:19	
24	Sat	10:42	6.9	10:32	7.8	4:49	0.5	4:48	1.1	5:44	8:18	
25	Sun	11:13	7.2	11:03	8.1	5:27	0.3	5:17	0.8	5:44	8:17	
26	Mon	11:39	7.6	11:40	8.4	5:56	0.1	5:47	0.5	5:45	8:16	
27	Tue			12:11	8.0	6:20	-0.2	6:24	0.2	5:46	8:15	
28	Wed	12:21	8.6	12:50	8.4	6:51	-0.4	7:07	-0.2	5:47	8:14	
29	Thu	1:05	8.7	1:33	8.8	7:29	-0.6	7:51	-0.4	5:48	8:13	
30	Fri	1:51	8.8	2:18	9.1	8:11	-0.7	8:39	-0.5	5:49	8:12	
31	Sat	2:39	8.7	3:07	9.1	8:56	-0.6	9:32	-0.4	5:50	8:11	