

Port Washington, Manhasset Bay, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:31	8.4	4:01	9.0	9:48	-0.4	10:33	-0.3	5:51	8:10	
2	Mon	4:29	8.0	5:01	8.8	10:47	-0.1	11:48	-0.1	5:52	8:09	
3	Tue	5:37	7.7	6:10	8.6	11:55	0.2			5:53	8:08	
4	Wed	7:00	7.5	7:33	8.4	1:12	0.0	1:22	0.4	5:54	8:07	
5	Thu	8:28	7.5	8:54	8.5	2:29	-0.1	2:46	0.4	5:55	8:06	
6	Fri	9:37	7.7	9:57	8.6	3:33	-0.3	3:51	0.2	5:56	8:04	
7	Sat	10:34	7.9	10:52	8.7	4:29	-0.5	4:47	0.0	5:57	8:03	
8	Sun	11:25	8.1	11:42	8.7	5:20	-0.6	5:39	-0.1	5:58	8:02	
9	Mon			12:12	8.2	6:08	-0.6	6:27	-0.2	5:59	8:01	
10	Tue	12:28	8.5	12:55	8.3	6:53	-0.5	7:12	-0.1	6:00	7:59	
11	Wed	1:09	8.4	1:33	8.2	7:33	-0.3	7:52	0.0	6:01	7:58	
12	Thu	1:43	8.1	2:03	8.1	8:08	-0.1	8:26	0.2	6:02	7:57	
13	Fri	2:09	7.9	2:24	8.0	8:33	0.2	8:54	0.4	6:03	7:55	
14	Sat	2:31	7.6	2:47	7.9	8:50	0.5	9:18	0.6	6:04	7:54	
15	Sun	3:02	7.4	3:22	7.8	9:19	0.7	9:55	0.9	6:05	7:53	
16	Mon	3:43	7.1	4:06	7.6	9:59	1.0	10:43	1.1	6:06	7:51	
17	Tue	4:31	6.8	4:56	7.4	10:47	1.3	11:44	1.3	6:07	7:50	
18	Wed	5:25	6.6	5:50	7.3	11:42	1.5			6:08	7:48	
19	Thu	6:24	6.4	6:49	7.2	1:16	1.3	12:43	1.6	6:09	7:47	
20	Fri	7:40	6.4	7:58	7.3	2:32	1.2	2:18	1.6	6:10	7:46	
21	Sat	9:14	6.7	9:12	7.5	3:28	1.0	3:31	1.3	6:11	7:44	
22	Sun	10:00	7.1	10:00	7.8	4:12	0.7	4:14	0.9	6:12	7:43	
23	Mon	10:34	7.6	10:40	8.2	4:49	0.3	4:50	0.5	6:13	7:41	
24	Tue	11:08	8.1	11:21	8.5	5:19	0.0	5:27	0.1	6:14	7:40	
25	Wed	11:46	8.6			5:49	-0.3	6:07	-0.4	6:15	7:38	
26	Thu	12:04	8.8	12:27	9.1	6:26	-0.6	6:51	-0.7	6:16	7:36	
27	Fri	12:49	9.0	1:12	9.4	7:07	-0.8	7:36	-0.9	6:17	7:35	
28	Sat	1:35	9.0	1:58	9.6	7:51	-0.9	8:24	-0.9	6:18	7:33	
29	Sun	2:23	8.9	2:47	9.5	8:38	-0.7	9:16	-0.8	6:19	7:32	
30	Mon	3:15	8.5	3:41	9.2	9:30	-0.4	10:19	-0.4	6:20	7:30	
31	Tue	4:15	8.1	4:45	8.8	10:32	0.0	11:39	-0.1	6:21	7:29	