

Port Washington, Manhasset Bay, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	7.6	3:38	7.1	9:37	0.3	9:56	0.1	7:19	4:37	
2	Mon	4:09	7.7	4:34	7.0	10:36	0.3	10:52	0.2	7:19	4:38	
3	Tue	5:05	7.8	5:35	6.9	11:39	0.2	11:51	0.2	7:19	4:39	
4	Wed	6:04	8.0	6:41	6.9			12:52	-0.1	7:19	4:40	
5	Thu	7:10	8.2	7:58	7.1	12:56	0.1	2:12	-0.5	7:19	4:41	
6	Fri	8:19	8.5	9:07	7.5	2:07	-0.1	3:15	-0.9	7:19	4:42	
7	Sat	9:20	8.8	10:05	7.9	3:14	-0.5	4:09	-1.3	7:19	4:43	
8	Sun	10:17	9.1	11:00	8.3	4:13	-0.8	5:01	-1.6	7:19	4:44	
9	Mon	11:12	9.2	11:53	8.5	5:11	-1.0	5:52	-1.8	7:18	4:45	
10	Tue			12:05	9.1	6:06	-1.2	6:41	-1.8	7:18	4:46	
11	Wed	12:43	8.7	12:56	8.9	6:59	-1.2	7:28	-1.7	7:18	4:47	
12	Thu	1:32	8.6	1:46	8.5	7:52	-1.1	8:17	-1.4	7:18	4:48	
13	Fri	2:23	8.5	2:40	8.1	8:49	-0.8	9:11	-0.9	7:17	4:49	
14	Sat	3:19	8.2	3:42	7.5	9:53	-0.5	10:12	-0.5	7:17	4:50	
15	Sun	4:20	7.9	4:49	7.1	10:56	-0.2	11:14	-0.1	7:17	4:51	
16	Mon	5:21	7.6	5:55	6.7	11:59	0.0			7:16	4:52	
17	Tue	6:23	7.4	7:01	6.5	12:16	0.3	1:00	0.1	7:16	4:53	
18	Wed	7:25	7.3	8:03	6.5	1:18	0.4	1:58	0.0	7:15	4:54	
19	Thu	8:22	7.3	8:57	6.5	2:15	0.5	2:51	-0.1	7:15	4:56	
20	Fri	9:12	7.3	9:45	6.6	3:07	0.5	3:40	-0.2	7:14	4:57	
21	Sat	9:56	7.4	10:28	6.7	3:54	0.5	4:25	-0.2	7:13	4:58	
22	Sun	10:35	7.4	11:07	6.8	4:38	0.5	5:07	-0.3	7:13	4:59	
23	Mon	11:06	7.4	11:38	6.9	5:17	0.4	5:44	-0.2	7:12	5:00	
24	Tue	11:22	7.4	11:53	7.0	5:49	0.4	6:11	-0.2	7:11	5:02	
25	Wed	11:40	7.5			6:01	0.3	6:19	-0.3	7:11	5:03	
26	Thu	12:07	7.3	12:13	7.7	6:19	0.2	6:38	-0.4	7:10	5:04	
27	Fri	12:38	7.6	12:51	7.7	6:53	0.0	7:11	-0.5	7:09	5:05	
28	Sat	1:16	7.8	1:33	7.7	7:32	-0.2	7:50	-0.5	7:08	5:06	
29	Sun	1:59	8.0	2:20	7.6	8:17	-0.2	8:35	-0.4	7:07	5:08	
30	Mon	2:47	8.1	3:11	7.4	9:09	-0.2	9:26	-0.2	7:07	5:09	
31	Tue	3:39	8.0	4:07	7.2	10:06	-0.1	10:22	0.0	7:06	5:10	