

































Port Washington, Manhasset Bay, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:05	8.1	10:35	7.9	4:00	-0.3	4:30	-0.9	6:28	5:45	
2	Mon	10:54	8.2	11:20	8.2	4:51	-0.6	5:16	-0.9	6:26	5:47	
3	Tue	11:39	8.2			5:38	-0.8	5:58	-0.9	6:25	5:48	
4	Wed	12:01	8.3	12:20	8.0	6:21	-0.8	6:36	-0.6	6:23	5:49	
5	Thu	12:36	8.2	12:54	7.8	7:00	-0.7	7:08	-0.3	6:22	5:50	
6	Fri	1:05	8.1	1:23	7.5	7:34	-0.4	7:33	0.0	6:20	5:51	
7	Sat	1:29	7.9	1:49	7.1	8:03	-0.1	7:57	0.3	6:18	5:52	
8	Sun	1:58	7.7	3:21	6.8	9:34	0.2	9:29	0.7	7:17	6:53	
9	Mon	3:35	7.4	4:02	6.4	10:14	0.6	10:12	1.0	7:15	6:54	
10	Tue	4:20	7.1	4:52	6.1	11:09	0.9	11:04	1.4	7:14	6:56	
11	Wed	5:13	6.8	5:53	5.8			12:31	1.2	7:12	6:57	
12	Thu	6:14	6.6	7:31	5.7	12:08	1.6	1:57	1.2	7:10	6:58	
13	Fri	7:37	6.5	8:59	6.0	2:04	1.7	3:01	1.0	7:09	6:59	
14	Sat	9:09	6.6	9:51	6.4	3:16	1.4	3:52	0.8	7:07	7:00	
15	Sun	10:00	6.9	10:29	6.8	4:06	1.1	4:34	0.5	7:05	7:01	
16	Mon	10:38	7.2	10:59	7.3	4:47	0.6	5:07	0.2	7:04	7:02	
17	Tue	11:11	7.5	11:26	7.8	5:22	0.2	5:34	0.0	7:02	7:03	
18	Wed	11:44	7.8	11:57	8.3	5:52	-0.3	5:59	-0.3	7:00	7:04	
19	Thu			12:20	8.1	6:25	-0.7	6:32	-0.5	6:59	7:05	
20	Fri	12:35	8.8	1:01	8.2	7:03	-1.0	7:10	-0.6	6:57	7:06	
21	Sat	1:16	9.1	1:43	8.2	7:44	-1.1	7:52	-0.7	6:55	7:07	
22	Sun	2:00	9.2	2:29	8.1	8:29	-1.1	8:37	-0.5	6:54	7:09	
23	Mon	2:48	9.0	3:19	7.7	9:18	-0.8	9:28	-0.2	6:52	7:10	
24	Tue	3:41	8.6	4:18	7.3	10:18	-0.4	10:30	0.2	6:50	7:11	
25	Wed	4:44	8.1	5:32	7.0	11:36	0.0	11:51	0.6	6:49	7:12	
26	Thu	6:02	7.7	7:07	6.9			1:06	0.2	6:47	7:13	
27	Fri	7:38	7.5	8:30	7.1	1:33	0.7	2:22	0.1	6:45	7:14	
28	Sat	8:57	7.6	9:34	7.6	2:51	0.4	3:25	-0.1	6:44	7:15	
29	Sun	9:59	7.8	10:28	7.9	3:53	0.0	4:19	-0.3	6:42	7:16	
30	Mon	10:51	8.0	11:14	8.2	4:46	-0.4	5:08	-0.4	6:41	7:17	
31	Tue	11:38	8.0	11:57	8.3	5:34	-0.6	5:53	-0.4	6:39	7:18	