US HARBORS www.USHarbors.com

Port Washington, Manhasset Bay, NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:40	8.5	9:28	7.4	2:32	-0.1	3:29	-1.0	7:19	4:37	
2	Wed	9:41	8.7	10:24	7.7	3:36	-0.3	4:23	-1.3	7:19	4:38	
3	Thu	10:36	8.8	11:16	8.0	4:33	-0.6	5:14	-1.4	7:19	4:39	
4	Fri	11:27	8.7			5:28	-0.7	6:03	-1.5	7:19	4:40	
5	Sat	12:06	8.1	12:16	8.6	6:19	-0.7	6:48	-1.4	7:19	4:41	
6	Sun	12:51	8.1	1:01	8.3	7:06	-0.7	7:31	-1.1	7:19	4:42	
7	Mon	1:34	8.1	1:43	7.9	7:53	-0.5	8:12	-0.8	7:19	4:43	
8	Tue	2:16	7.9	2:25	7.5	8:41	-0.2	8:55	-0.3	7:18	4:44	
9	Wed	2:59	7.7	3:12	7.0	9:34	0.1	9:42	0.1	7:18	4:45	
10	Thu	3:46	7.4	4:07	6.6	10:32	0.3	10:35	0.5	7:18	4:46	
11	Fri	4:37	7.2	5:10	6.2	11:31	0.5	11:34	0.8	7:18	4:47	
12	Sat	5:34	7.0	6:19	6.0			12:31	0.6	7:17	4:48	
13	Sun	6:39	6.9	7:29	5.9	12:39	1.0	1:32	0.6	7:17	4:49	
14	Mon	7:43	6.9	8:28	6.0	1:42	1.1	2:27	0.4	7:17	4:50	
15	Tue	8:37	7.0	9:17	6.2	2:37	1.0	3:17	0.2	7:16	4:51	
16	Wed	9:22	7.1	10:00	6.4	3:25	0.9	4:01	0.1	7:16	4:53	
17	Thu	9:58	7.3	10:36	6.6	4:07	0.8	4:41	-0.1	7:15	4:54	
18	Fri	10:24	7.4	11:03	6.9	4:42	0.6	5:15	-0.2	7:15	4:55	
19	Sat	10:50	7.6	11:23	7.2	5:06	0.4	5:37	-0.4	7:14	4:56	
20	Sun	11:24	7.9	11:53	7.6	5:32	0.1	5:57	-0.6	7:14	4:57	
21	Mon			12:03	8.0	6:06	-0.2	6:27	-0.8	7:13	4:58	
22	Tue	12:30	8.0	12:45	8.1	6:46	-0.5	7:04	-0.9	7:12	5:00	
23	Wed	1:11	8.3	1:30	8.0	7:30	-0.6	7:46	-0.9	7:12	5:01	
24	Thu	1:57	8.5	2:19	7.8	8:18	-0.7	8:34	-0.7	7:11	5:02	
25	Fri	2:46	8.5	3:12	7.5	9:13	-0.5	9:27	-0.4	7:10	5:03	
26	Sat	3:42	8.4	4:13	7.2	10:17	-0.4	10:28	-0.1	7:09	5:04	
27	Sun	4:44	8.2	5:21	6.9	11:33	-0.2	11:37	0.1	7:09	5:06	
28	Mon	5:54	8.0	6:54	6.8			1:05	-0.3	7:08	5:07	
29	Tue	7:24	7.9	8:20	7.0	1:11	0.2	2:19	-0.5	7:07	5:08	
30	Wed	8:40	8.1	9:23	7.3	2:34	0.0	3:19	-0.8	7:06	5:09	
31	Thu	9:40	8.3	10:17	7.7	3:35	-0.3	4:12	-1.1	7:05	5:11	