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# Port Washington, Manhasset Bay, NY - Mar 2054

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 5:09 | 7.4 | 5:53 | 6.6 | 11:54 | 0.2 | | | 6:27 | 5:46 | |
| 2 | Mon | 6:18 | 7.1 | 7:01 | 6.4 | 12:15 | 0.7 | 12:58 | 0.3 | 6:26 | 5:47 | |
| 3 | Tue | 7:25 | 7.0 | 8:04 | 6.5 | 1:20 | 0.8 | 1:58 | 0.3 | 6:24 | 5:48 | |
| 4 | Wed | 8:25 | 7.1 | 8:58 | 6.7 | 2:19 | 0.7 | 2:52 | 0.2 | 6:23 | 5:49 | |
| 5 | Thu | 9:16 | 7.2 | 9:45 | 6.9 | 3:11 | 0.6 | 3:40 | 0.1 | 6:21 | 5:50 | |
| 6 | Fri | 10:00 | 7.3 | 10:26 | 7.0 | 3:58 | 0.4 | 4:24 | 0.0 | 6:20 | 5:51 | |
| 7 | Sat | 10:39 | 7.4 | 11:02 | 7.2 | 4:41 | 0.3 | 5:04 | 0.0 | 6:18 | 5:52 | |
| 8 | Sun | | | 12:11 | 7.4 | 6:20 | 0.2 | 6:38 | 0.0 | 7:16 | 6:54 | |
| 9 | Mon | 12:28 | 7.3 | 12:30 | 7.5 | 6:50 | 0.1 | 6:59 | 0.0 | 7:15 | 6:55 | |
| 10 | Tue | 12:38 | 7.5 | 12:44 | 7.6 | 7:04 | 0.0 | 7:05 | 0.0 | 7:13 | 6:56 | |
| 11 | Wed | 12:58 | 7.8 | 1:15 | 7.7 | 7:21 | -0.1 | 7:30 | -0.1 | 7:12 | 6:57 | |
| 12 | Thu | 1:31 | 8.1 | 1:52 | 7.8 | 7:53 | -0.3 | 8:05 | -0.2 | 7:10 | 6:58 | |
| 13 | Fri | 2:10 | 8.3 | 2:33 | 7.8 | 8:31 | -0.4 | 8:45 | -0.2 | 7:08 | 6:59 | |
| 14 | Sat | 2:54 | 8.4 | 3:20 | 7.6 | 9:16 | -0.4 | 9:31 | 0.0 | 7:07 | 7:00 | |
| 15 | Sun | 3:42 | 8.3 | 4:11 | 7.4 | 10:07 | -0.2 | 10:24 | 0.2 | 7:05 | 7:01 | |
| 16 | Mon | 4:36 | 8.1 | 5:09 | 7.2 | 11:05 | 0.0 | 11:24 | 0.4 | 7:03 | 7:02 | |
| 17 | Tue | 5:36 | 7.9 | 6:13 | 7.1 | | | 12:12 | 0.1 | 7:02 | 7:03 | |
| 18 | Wed | 6:42 | 7.8 | 7:29 | 7.2 | 12:31 | 0.5 | 1:34 | 0.1 | 7:00 | 7:04 | |
| 19 | Thu | 8:04 | 7.9 | 9:04 | 7.5 | 1:58 | 0.3 | 3:06 | -0.2 | 6:58 | 7:06 | |
| 20 | Fri | 9:31 | 8.1 | 10:10 | 8.1 | 3:31 | -0.1 | 4:08 | -0.6 | 6:57 | 7:07 | |
| 21 | Sat | 10:33 | 8.5 | 11:03 | 8.6 | 4:32 | -0.6 | 5:01 | -1.0 | 6:55 | 7:08 | |
| 22 | Sun | 11:27 | 8.7 | 11:52 | 8.9 | 5:26 | -1.1 | 5:51 | -1.2 | 6:53 | 7:09 | |
| 23 | Mon | | | 12:17 | 8.9 | 6:17 | -1.4 | 6:38 | -1.3 | 6:52 | 7:10 | |
| 24 | Tue | 12:39 | 9.1 | 1:05 | 8.8 | 7:05 | -1.5 | 7:22 | -1.2 | 6:50 | 7:11 | |
| 25 | Wed | 1:23 | 9.1 | 1:49 | 8.6 | 7:51 | -1.4 | 8:04 | -1.0 | 6:48 | 7:12 | |
| 26 | Thu | 2:03 | 9.0 | 2:31 | 8.3 | 8:35 | -1.2 | 8:45 | -0.6 | 6:47 | 7:13 | |
| 27 | Fri | 2:43 | 8.6 | 3:12 | 7.9 | 9:20 | -0.8 | 9:27 | -0.1 | 6:45 | 7:14 | |
| 28 | Sat | 3:23 | 8.2 | 3:59 | 7.4 | 10:10 | -0.3 | 10:17 | 0.4 | 6:43 | 7:15 | |
| 29 | Sun | 4:10 | 7.7 | 4:59 | 6.9 | 11:11 | 0.2 | 11:26 | 0.8 | 6:42 | 7:16 | |
| 30 | Mon | 5:10 | 7.3 | 6:09 | 6.6 | | | 12:15 | 0.5 | 6:40 | 7:17 | |
| 31 | Tue | 6:27 | 7.0 | 7:20 | 6.5 | 12:37 | 1.1 | 1:19 | 0.7 | 6:39 | 7:18 | |