US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1700

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:06**	3.1	**3:09**	3.6	**9:24**	0.3	**10:23**	0.3	6:32	4:54	
2	Tue	**4:09**	3.0	**4:12**	3.5	**10:15**	0.4	**11:25**	0.3	6:33	4:53	
3	Wed	**5:13**	3.0	**5:19**	3.5	**11:23**	0.5			6:34	4:52	
4	Thu	**6:15**	3.1	**6:25**	3.4	**12:34**	0.3	**12:44**	0.5	6:36	4:51	
5	Fri	**7:17**	3.2	**7:31**	3.4	**1:39**	0.2	**1:56**	0.4	6:37	4:49	
6	Sat	**8:21**	3.4	**8:39**	3.5	**2:38**	0.0	**2:59**	0.2	6:38	4:48	
7	Sun	**9:22**	3.6	**9:42**	3.5	**3:32**	-0.1	**3:57**	0.0	6:39	4:47	
8	Mon	**10:17**	3.9	**10:36**	3.6	**4:22**	-0.3	**4:51**	-0.2	6:41	4:46	
9	Tue	**11:06**	4.0	**11:26**	3.6	**5:12**	-0.4	**5:43**	-0.3	6:42	4:45	
10	Wed	**11:52**	4.1			**6:00**	-0.4	**6:33**	-0.4	6:43	4:44	
11	Thu	**12:13**	3.6	**12:37**	4.1	**6:47**	-0.3	**7:22**	-0.4	6:44	4:43	
12	Fri	**1:01**	3.5	**1:22**	4.0	**7:33**	-0.2	**8:08**	-0.3	6:46	4:42	
13	Sat	**1:49**	3.3	**2:08**	3.8	**8:17**	0.0	**8:53**	-0.2	6:47	4:41	
14	Sun	**2:40**	3.1	**2:57**	3.6	**9:00**	0.2	**9:38**	0.0	6:48	4:40	
15	Mon	**3:34**	3.0	**3:49**	3.4	**9:43**	0.4	**10:25**	0.3	6:49	4:39	
16	Tue	**4:29**	2.8	**4:41**	3.2	**10:29**	0.7	**11:16**	0.4	6:50	4:38	
17	Wed	**5:22**	2.8	**5:32**	3.0	**11:25**	0.8			6:52	4:38	
18	Thu	**6:12**	2.7	**6:22**	2.9	**12:12**	0.5	**12:30**	0.9	6:53	4:37	
19	Fri	**7:02**	2.7	**7:12**	2.8	**1:09**	0.6	**1:33**	0.9	6:54	4:36	
20	Sat	**7:53**	2.8	**8:06**	2.8	**2:01**	0.5	**2:29**	0.8	6:55	4:35	
21	Sun	**8:45**	2.9	**9:01**	2.8	**2:48**	0.4	**3:19**	0.7	6:57	4:35	
22	Mon	**9:33**	3.1	**9:50**	2.9	**3:32**	0.3	**4:06**	0.5	6:58	4:34	
23	Tue	**10:15**	3.3	**10:34**	3.0	**4:13**	0.2	**4:51**	0.3	6:59	4:34	
24	Wed	**10:52**	3.5	**11:14**	3.1	**4:54**	0.1	**5:35**	0.1	7:00	4:33	
25	Thu	**11:26**	3.6	**11:52**	3.1	**5:35**	0.0	**6:20**	-0.1	7:01	4:32	
26	Fri			**12:00**	3.7	**6:18**	-0.1	**7:05**	-0.2	7:02	4:32	
27	Sat	**12:31**	3.2	**12:36**	3.8	**7:01**	-0.1	**7:50**	-0.3	7:03	4:32	
28	Sun	**1:13**	3.1	**1:18**	3.8	**7:45**	-0.1	**8:34**	-0.3	7:05	4:31	
29	Mon	**2:02**	3.1	**2:06**	3.7	**8:29**	-0.1	**9:20**	-0.2	7:06	4:31	
30	Tue	**2:58**	3.1	**3:02**	3.6	**9:16**	0.0	**10:10**	-0.2	7:07	4:30	