US HARBORS www.USHarbors.com

Poughkeepsie, NY - Apr 1701

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:14**	3.0	**7:52**	2.7	**1:27**	0.6	**2:09**	0.4	5:42	6:24	
2	Sat	**8:14**	2.9	**8:52**	2.7	**2:28**	0.6	**3:03**	0.3	5:40	6:25	
3	Sun	**9:14**	2.9	**9:47**	2.8	**3:22**	0.5	**3:51**	0.3	5:39	6:26	
4	Mon	**10:07**	3.0	**10:34**	3.0	**4:10**	0.4	**4:35**	0.2	5:37	6:28	
5	Tue	**10:51**	3.1	**11:14**	3.1	**4:56**	0.3	**5:16**	0.1	5:35	6:29	
6	Wed	**11:31**	3.2	**11:50**	3.3	**5:39**	0.1	**5:56**	0.0	5:34	6:30	
7	Thu			**12:09**	3.2	**6:21**	0.0	**6:34**	0.0	5:32	6:31	
8	Fri	**12:24**	3.3	**12:44**	3.2	**7:02**	0.0	**7:11**	0.0	5:30	6:32	
9	Sat	**12:55**	3.4	**1:18**	3.1	**7:41**	0.0	**7:45**	0.0	5:29	6:33	
10	Sun	**1:23**	3.4	**1:52**	3.0	**8:18**	0.0	**8:17**	0.1	5:27	6:34	
11	Mon	**1:49**	3.3	**2:27**	2.9	**8:53**	0.0	**8:48**	0.2	5:25	6:35	
12	Tue	**2:19**	3.3	**3:07**	2.8	**9:29**	0.1	**9:20**	0.3	5:24	6:36	
13	Wed	**2:59**	3.3	**3:55**	2.8	**10:09**	0.2	**9:57**	0.4	5:22	6:37	
14	Thu	**3:49**	3.3	**4:51**	2.7	**11:01**	0.3	**10:48**	0.5	5:20	6:38	
15	Fri	**4:48**	3.2	**5:50**	2.8			**12:11**	0.4	5:19	6:39	
16	Sat	**5:52**	3.2	**6:52**	2.9	**12:05**	0.5	**1:23**	0.3	5:17	6:40	
17	Sun	**6:59**	3.2	**7:58**	3.0	**1:30**	0.5	**2:27**	0.2	5:16	6:42	
18	Mon	**8:13**	3.3	**9:05**	3.3	**2:41**	0.3	**3:23**	0.0	5:14	6:43	
19	Tue	**9:25**	3.4	**10:04**	3.6	**3:42**	0.0	**4:16**	-0.3	5:13	6:44	
20	Wed	**10:25**	3.6	**10:57**	3.9	**4:39**	-0.3	**5:07**	-0.4	5:11	6:45	
21	Thu	**11:18**	3.7	**11:46**	4.1	**5:34**	-0.5	**5:58**	-0.6	5:10	6:46	
22	Fri			**12:09**	3.7	**6:27**	-0.6	**6:47**	-0.6	5:08	6:47	
23	Sat	**12:34**	4.2	**12:59**	3.7	**7:19**	-0.7	**7:35**	-0.5	5:07	6:48	
24	Sun	**1:22**	4.1	**1:51**	3.5	**8:08**	-0.6	**8:22**	-0.4	5:05	6:49	
25	Mon	**2:12**	4.0	**2:46**	3.4	**8:56**	-0.5	**9:08**	-0.1	5:04	6:50	
26	Tue	**3:05**	3.8	**3:43**	3.2	**9:45**	-0.3	**9:56**	0.1	5:02	6:51	
27	Wed	**4:00**	3.5	**4:40**	3.0	**10:36**	0.0	**10:48**	0.4	5:01	6:52	
28	Thu	**4:54**	3.3	**5:35**	2.9	**11:33**	0.2	**11:49**	0.7	4:59	6:53	
29	Fri	**5:48**	3.1	**6:28**	2.8			**12:33**	0.4	4:58	6:55	
30	Sat	**6:40**	3.0	**7:21**	2.8	**12:53**	0.8	**1:31**	0.5	4:57	6:56	