US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1701

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:40	2.8	9:15	3.2	3:05	0.7	3:12	0.4	4:26	7:27	
2	Thu	9:34	2.8	10:00	3.3	3:52	0.6	3:55	0.4	4:26	7:27	
3	Fri	10:21	2.9	10:39	3.5	4:38	0.4	4:36	0.3	4:25	7:28	
4	Sat	11:04	3.0	11:14	3.6	5:23	0.3	5:18	0.3	4:25	7:29	
5	Sun	11:44	3.0	11:47	3.7	6:07	0.1	6:00	0.2	4:25	7:29	
6	Mon			12:23	3.1	6:52	0.0	6:43	0.2	4:24	7:30	
7	Tue	12:21	3.8	1:04	3.1	7:36	-0.1	7:27	0.2	4:24	7:31	
8	Wed	12:58	3.8	1:49	3.1	8:19	-0.1	8:10	0.2	4:24	7:31	
9	Thu	1:42	3.8	2:40	3.1	9:02	-0.1	8:55	0.2	4:24	7:32	
10	Fri	2:33	3.7	3:37	3.1	9:47	-0.1	9:44	0.3	4:23	7:32	
11	Sat	3:31	3.6	4:36	3.2	10:38	0.0	10:41	0.4	4:23	7:33	
12	Sun	4:34	3.5	5:32	3.3	11:35	0.0	11:51	0.4	4:23	7:33	
13	Mon	5:35	3.4	6:27	3.4			12:36	0.0	4:23	7:34	
14	Tue	6:34	3.3	7:24	3.5	1:02	0.4	1:36	0.0	4:23	7:34	
15	Wed	7:36	3.3	8:24	3.7	2:09	0.3	2:33	0.0	4:23	7:35	
16	Thu	8:42	3.2	9:23	3.8	3:10	0.1	3:27	-0.1	4:23	7:35	
17	Fri	9:46	3.2	10:18	4.0	4:06	0.0	4:19	-0.1	4:23	7:36	
18	Sat	10:42	3.3	11:07	4.0	5:00	-0.1	5:10	-0.1	4:23	7:36	
19	Sun	11:34	3.3	11:54	4.1	5:52	-0.2	6:00	-0.1	4:23	7:36	
20	Mon			12:23	3.3	6:43	-0.3	6:50	0.0	4:24	7:36	
21	Tue	12:40	4.0	1:12	3.3	7:31	-0.3	7:37	0.1	4:24	7:37	
22	Wed	1:26	3.9	2:03	3.2	8:16	-0.2	8:22	0.2	4:24	7:37	
23	Thu	2:13	3.7	2:54	3.1	8:59	-0.1	9:05	0.4	4:24	7:37	
24	Fri	3:01	3.5	3:46	3.0	9:41	0.1	9:48	0.6	4:25	7:37	
25	Sat	3:51	3.3	4:36	3.0	10:24	0.2	10:35	0.8	4:25	7:37	
26	Sun	4:40	3.2	5:23	3.0	11:09	0.4	11:29	0.9	4:25	7:37	
27	Mon	5:27	3.0	6:07	3.0	11:57	0.5			4:26	7:37	
28	Tue	6:12	2.9	6:50	3.0	12:30	1.0	12:47	0.6	4:26	7:37	
29	Wed	6:58	2.8	7:35	3.1	1:30	1.0	1:37	0.6	4:26	7:37	
30	Thu	7:49	2.7	8:23	3.1	2:25	0.9	2:25	0.6	4:27	7:37	