US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1702

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:07	3.2	6:50	3.7	12:38	0.4	12:57	0.2	4:52	7:18	
2	Wed	7:08	3.1	7:51	3.7	1:46	0.4	1:59	0.2	4:53	7:17	
3	Thu	8:16	3.1	8:55	3.8	2:49	0.3	2:59	0.2	4:54	7:15	
4	Fri	9:25	3.1	9:56	3.9	3:48	0.1	3:56	0.1	4:55	7:14	
5	Sat	10:26	3.2	10:50	4.0	4:43	0.0	4:51	0.1	4:56	7:13	
6	Sun	11:20	3.3	11:39	4.0	5:35	-0.1	5:44	0.1	4:57	7:12	
7	Mon			12:10	3.4	6:25	-0.2	6:35	0.1	4:58	7:11	
8	Tue	12:26	4.0	12:57	3.4	7:13	-0.2	7:24	0.1	4:59	7:09	
9	Wed	1:12	3.9	1:44	3.4	7:57	-0.2	8:09	0.2	5:00	7:08	
10	Thu	1:57	3.8	2:32	3.4	8:38	-0.1	8:52	0.3	5:01	7:07	
11	Fri	2:44	3.6	3:19	3.3	9:17	0.1	9:35	0.5	5:02	7:05	
12	Sat	3:31	3.4	4:06	3.3	9:55	0.3	10:20	0.7	5:03	7:04	
13	Sun	4:19	3.2	4:52	3.2	10:34	0.4	11:10	0.8	5:05	7:03	
14	Mon	5:06	3.0	5:35	3.2	11:15	0.6			5:06	7:01	
15	Tue	5:53	2.9	6:18	3.1	12:08	1.0	12:04	0.8	5:07	7:00	
16	Wed	6:40	2.7	7:02	3.1	1:10	1.0	1:00	0.8	5:08	6:58	
17	Thu	7:33	2.7	7:52	3.2	2:08	0.9	1:56	0.9	5:09	6:57	
18	Fri	8:33	2.7	8:48	3.2	3:02	0.8	2:50	0.8	5:10	6:56	
19	Sat	9:31	2.8	9:42	3.4	3:51	0.7	3:41	0.7	5:11	6:54	
20	Sun	10:21	2.9	10:28	3.6	4:38	0.5	4:29	0.5	5:12	6:53	
21	Mon	11:05	3.1	11:09	3.8	5:23	0.3	5:17	0.4	5:13	6:51	
22	Tue	11:46	3.3	11:50	3.9	6:08	0.1	6:06	0.2	5:14	6:50	
23	Wed			12:26	3.5	6:52	-0.1	6:54	0.1	5:15	6:48	
24	Thu	12:31	4.0	1:09	3.6	7:35	-0.2	7:42	0.0	5:16	6:46	
25	Fri	1:15	4.0	1:55	3.7	8:17	-0.2	8:29	0.0	5:17	6:45	
26	Sat	2:03	3.9	2:45	3.8	8:59	-0.2	9:18	0.0	5:18	6:43	
27	Sun	2:57	3.7	3:41	3.8	9:43	-0.1	10:11	0.1	5:19	6:42	
28	Mon	3:56	3.5	4:38	3.8	10:32	0.0	11:12	0.3	5:20	6:40	
29	Tue	4:57	3.4	5:36	3.8	11:30	0.2			5:21	6:38	
30	Wed	5:58	3.2	6:34	3.7	12:21	0.4	12:37	0.3	5:22	6:37	
31	Thu	7:00	3.1	7:36	3.7	1:30	0.4	1:44	0.4	5:23	6:35	