US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1703

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:10	4.3	1:48	3.4	8:11	-0.6	8:17	-0.2	4:27	7:26	
2	Sat	2:07	4.2	2:49	3.3	9:02	-0.5	9:09	-0.1	4:26	7:27	
3	Sun	3:07	4.0	3:54	3.3	9:54	-0.4	10:05	0.1	4:26	7:28	
4	Mon	4:09	3.8	4:56	3.3	10:50	-0.2	11:07	0.4	4:25	7:28	
5	Tue	5:09	3.6	5:53	3.2	11:50	0.0			4:25	7:29	
6	Wed	6:06	3.4	6:47	3.2	12:14	0.5	12:50	0.1	4:25	7:30	
7	Thu	7:00	3.2	7:41	3.3	1:20	0.6	1:46	0.2	4:24	7:30	
8	Fri	7:56	3.1	8:36	3.3	2:21	0.6	2:38	0.2	4:24	7:31	
9	Sat	8:53	3.0	9:27	3.4	3:16	0.5	3:24	0.2	4:24	7:32	
10	Sun	9:47	3.0	10:13	3.5	4:05	0.4	4:08	0.3	4:24	7:32	
11	Mon	10:35	3.0	10:54	3.6	4:52	0.3	4:49	0.3	4:23	7:33	
12	Tue	11:18	3.0	11:31	3.6	5:36	0.2	5:30	0.3	4:23	7:33	
13	Wed			12:00	3.0	6:20	0.2	6:11	0.4	4:23	7:34	
14	Thu	12:07	3.6	12:41	3.0	7:03	0.1	6:52	0.4	4:23	7:34	
15	Fri	12:41	3.6	1:22	2.9	7:43	0.1	7:31	0.4	4:23	7:35	
16	Sat	1:14	3.5	2:05	2.9	8:22	0.1	8:08	0.5	4:23	7:35	
17	Sun	1:46	3.4	2:50	2.8	8:59	0.2	8:44	0.6	4:23	7:35	
18	Mon	2:20	3.3	3:36	2.8	9:36	0.3	9:19	0.7	4:23	7:36	
19	Tue	2:59	3.3	4:21	2.8	10:14	0.3	9:58	0.7	4:23	7:36	
20	Wed	3:45	3.2	5:04	2.9	10:55	0.4	10:48	0.8	4:24	7:36	
21	Thu	4:38	3.2	5:47	3.0	11:45	0.4	11:56	0.8	4:24	7:37	
22	Fri	5:32	3.1	6:32	3.2			12:41	0.4	4:24	7:37	
23	Sat	6:27	3.1	7:23	3.4	1:12	0.7	1:38	0.3	4:24	7:37	
24	Sun	7:29	3.1	8:21	3.6	2:19	0.5	2:34	0.2	4:24	7:37	
25	Mon	8:38	3.1	9:21	3.8	3:20	0.3	3:28	0.1	4:25	7:37	
26	Tue	9:45	3.2	10:18	4.1	4:17	0.0	4:22	-0.1	4:25	7:37	
27	Wed	10:45	3.3	11:11	4.3	5:13	-0.2	5:17	-0.2	4:25	7:37	
28	Thu	11:41	3.4			6:08	-0.4	6:13	-0.2	4:26	7:37	
29	Fri	12:03	4.3	12:37	3.4	7:02	-0.5	7:08	-0.2	4:26	7:37	
30	Sat	12:57	4.3	1:34	3.4	7:54	-0.5	8:02	-0.2	4:27	7:37	