US HARBORS www.USHarbors.com

Poughkeepsie, NY - Nov 1706

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:47**	3.2	**10:03**	3.2	**3:52**	0.3	**4:09**	0.5	6:31	4:55	
2	Tue	**10:31**	3.4	**10:45**	3.2	**4:33**	0.3	**4:53**	0.4	6:33	4:53	
3	Wed	**11:09**	3.5	**11:23**	3.2	**5:11**	0.2	**5:36**	0.3	6:34	4:52	
4	Thu	**11:44**	3.6	**11:59**	3.1	**5:48**	0.2	**6:18**	0.2	6:35	4:51	
5	Fri			**12:17**	3.7	**6:24**	0.2	**6:58**	0.2	6:36	4:50	
6	Sat	**12:34**	3.1	**12:48**	3.6	**6:59**	0.3	**7:37**	0.2	6:38	4:49	
7	Sun	**1:08**	3.0	**1:18**	3.5	**7:33**	0.4	**8:15**	0.3	6:39	4:48	
8	Mon	**1:41**	2.8	**1:46**	3.4	**8:05**	0.5	**8:52**	0.3	6:40	4:47	
9	Tue	**2:17**	2.7	**2:18**	3.3	**8:35**	0.6	**9:29**	0.4	6:41	4:45	
10	Wed	**2:59**	2.6	**2:59**	3.3	**9:05**	0.7	**10:11**	0.5	6:43	4:44	
11	Thu	**3:53**	2.5	**3:53**	3.2	**9:42**	0.8	**11:04**	0.6	6:44	4:43	
12	Fri	**4:53**	2.5	**4:55**	3.2	**10:34**	0.9			6:45	4:42	
13	Sat	**5:51**	2.6	**5:58**	3.2	**12:10**	0.6	**11:59 AM**	0.9	6:46	4:41	
14	Sun	**6:48**	2.8	**7:00**	3.2	**1:15**	0.5	**1:28**	0.8	6:47	4:41	
15	Mon	**7:47**	3.0	**8:05**	3.2	**2:12**	0.3	**2:36**	0.5	6:49	4:40	
16	Tue	**8:48**	3.3	**9:10**	3.3	**3:04**	0.1	**3:35**	0.2	6:50	4:39	
17	Wed	**9:45**	3.7	**10:08**	3.5	**3:53**	-0.2	**4:30**	-0.1	6:51	4:38	
18	Thu	**10:35**	4.0	**11:00**	3.5	**4:41**	-0.3	**5:24**	-0.3	6:52	4:37	
19	Fri	**11:23**	4.2	**11:51**	3.6	**5:30**	-0.4	**6:17**	-0.4	6:54	4:36	
20	Sat			**12:11**	4.3	**6:20**	-0.5	**7:10**	-0.5	6:55	4:36	
21	Sun	**12:42**	3.5	**1:00**	4.2	**7:11**	-0.4	**8:01**	-0.5	6:56	4:35	
22	Mon	**1:36**	3.4	**1:52**	4.0	**8:01**	-0.3	**8:52**	-0.4	6:57	4:34	
23	Tue	**2:34**	3.2	**2:49**	3.8	**8:51**	-0.1	**9:44**	-0.2	6:58	4:34	
24	Wed	**3:37**	3.1	**3:51**	3.5	**9:42**	0.2	**10:39**	0.0	6:59	4:33	
25	Thu	**4:39**	2.9	**4:52**	3.3	**10:39**	0.4	**11:39**	0.2	7:01	4:33	
26	Fri	**5:37**	2.9	**5:48**	3.1	**11:44**	0.6			7:02	4:32	
27	Sat	**6:32**	2.9	**6:42**	3.0	**12:41**	0.3	**12:52**	0.7	7:03	4:32	
28	Sun	**7:25**	2.9	**7:37**	2.8	**1:38**	0.3	**1:55**	0.7	7:04	4:31	
29	Mon	**8:19**	2.9	**8:32**	2.8	**2:29**	0.3	**2:51**	0.6	7:05	4:31	
30	Tue	**9:10**	3.1	**9:26**	2.7	**3:13**	0.3	**3:40**	0.5	7:06	4:31	