US HARBORS www.USHarbors.com

Poughkeepsie, NY - Dec 1706

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:56	3.2	10:13	2.8	3:54	0.3	4:26	0.4	7:07	4:30	
2	Thu	10:37	3.3	10:55	2.8	4:33	0.2	5:10	0.3	7:08	4:30	
3	Fri	11:14	3.4	11:34	2.8	5:12	0.2	5:52	0.1	7:09	4:30	
4	Sat	11:49	3.5			5:51	0.2	6:35	0.1	7:10	4:30	
5	Sun	12:11	2.8	12:21	3.5	6:30	0.2	7:16	0.0	7:11	4:29	
6	Mon	12:47	2.7	12:53	3.4	7:08	0.3	7:56	0.0	7:12	4:29	
7	Tue	1:23	2.6	1:25	3.4	7:45	0.3	8:34	0.0	7:13	4:29	
8	Wed	2:01	2.6	2:01	3.3	8:20	0.3	9:13	0.1	7:14	4:29	
9	Thu	2:44	2.5	2:44	3.3	8:56	0.4	9:54	0.1	7:15	4:29	
10	Fri	3:35	2.5	3:37	3.2	9:37	0.5	10:40	0.2	7:16	4:29	
11	Sat	4:31	2.6	4:36	3.1	10:28	0.5	11:34	0.2	7:17	4:29	
12	Sun	5:26	2.7	5:34	3.1	11:42	0.6			7:18	4:29	
13	Mon	6:20	2.9	6:33	3.0	12:35	0.1	1:04	0.5	7:18	4:30	
14	Tue	7:16	3.1	7:36	3.0	1:34	0.0	2:14	0.3	7:19	4:30	
15	Wed	8:17	3.3	8:43	3.0	2:30	-0.1	3:16	0.1	7:20	4:30	
16	Thu	9:19	3.6	9:47	3.0	3:24	-0.3	4:13	-0.2	7:21	4:30	
17	Fri	10:15	3.8	10:44	3.1	4:16	-0.4	5:09	-0.4	7:21	4:31	
18	Sat	11:07	3.9	11:37	3.2	5:09	-0.5	6:03	-0.5	7:22	4:31	
19	Sun	11:57	4.0			6:02	-0.5	6:56	-0.6	7:23	4:31	
20	Mon	12:30	3.2	12:47	3.9	6:55	-0.4	7:47	-0.6	7:23	4:32	
21	Tue	1:23	3.1	1:38	3.8	7:46	-0.4	8:35	-0.5	7:24	4:32	
22	Wed	2:19	3.0	2:31	3.6	8:34	-0.2	9:23	-0.4	7:24	4:33	
23	Thu	3:16	2.9	3:27	3.4	9:22	0.0	10:11	-0.2	7:25	4:33	
24	Fri	4:12	2.9	4:22	3.1	10:12	0.2	11:02	0.0	7:25	4:34	
25	Sat	5:06	2.8	5:14	2.9	11:08	0.4	11:55	0.1	7:25	4:34	
26	Sun	5:56	2.8	6:03	2.7			12:11	0.6	7:26	4:35	
27	Mon	6:44	2.8	6:52	2.6	12:49	0.3	1:14	0.6	7:26	4:36	
28	Tue	7:33	2.8	7:44	2.4	1:40	0.3	2:13	0.6	7:26	4:36	
29	Wed	8:24	2.8	8:41	2.4	2:28	0.4	3:07	0.5	7:27	4:37	
30	Thu	9:16	2.9	9:38	2.4	3:13	0.3	3:55	0.4	7:27	4:38	
31	Fri	10:03	3.0	10:27	2.4	3:56	0.3	4:42	0.2	7:27	4:39	