US HARBORS www.USHarbors.com

Poughkeepsie, NY - Jun 1708

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:10	2.9	11:27	3.7	5:27	0.2	5:28	0.3	4:26	7:27	
2	Sat	11:53	2.9			6:12	0.1	6:10	0.4	4:26	7:27	
3	Sun	12:04	3.7	12:34	2.9	6:56	0.1	6:51	0.4	4:25	7:28	
4	Mon	12:42	3.6	1:17	2.8	7:38	0.1	7:32	0.5	4:25	7:29	
5	Tue	1:20	3.5	2:01	2.8	8:18	0.2	8:10	0.6	4:25	7:30	
6	Wed	1:59	3.4	2:48	2.7	8:56	0.2	8:46	0.7	4:24	7:30	
7	Thu	2:39	3.3	3:37	2.7	9:33	0.3	9:21	0.8	4:24	7:31	
8	Fri	3:22	3.2	4:24	2.7	10:11	0.4	9:59	0.9	4:24	7:31	
9	Sat	4:07	3.1	5:08	2.7	10:52	0.5	10:45	1.0	4:24	7:32	
10	Sun	4:52	3.0	5:47	2.8	11:38	0.5	11:50	1.0	4:23	7:33	
11	Mon	5:37	2.9	6:25	2.9			12:28	0.5	4:23	7:33	
12	Tue	6:25	2.9	7:08	3.1	1:04	1.0	1:20	0.5	4:23	7:34	
13	Wed	7:19	2.9	7:58	3.3	2:09	0.8	2:11	0.4	4:23	7:34	
14	Thu	8:22	2.9	8:54	3.6	3:08	0.6	3:02	0.3	4:23	7:35	
15	Fri	9:27	2.9	9:50	3.8	4:03	0.3	3:53	0.2	4:23	7:35	
16	Sat	10:26	3.0	10:42	4.0	4:57	0.1	4:46	0.1	4:23	7:35	
17	Sun	11:21	3.1	11:34	4.2	5:51	-0.1	5:41	0.0	4:23	7:36	
18	Mon			12:15	3.2	6:46	-0.3	6:38	-0.1	4:23	7:36	
19	Tue	12:27	4.2	1:11	3.3	7:39	-0.4	7:35	-0.1	4:24	7:36	
20	Wed	1:23	4.1	2:11	3.3	8:30	-0.4	8:29	-0.1	4:24	7:37	
21	Thu	2:22	4.0	3:13	3.3	9:20	-0.4	9:23	0.0	4:24	7:37	
22	Fri	3:24	3.8	4:15	3.4	10:11	-0.3	10:20	0.2	4:24	7:37	
23	Sat	4:24	3.6	5:12	3.4	11:06	-0.1	11:23	0.4	4:24	7:37	
24	Sun	5:21	3.4	6:05	3.5			12:02	0.0	4:25	7:37	
25	Mon	6:14	3.2	6:56	3.5	12:29	0.5	12:58	0.1	4:25	7:37	
26	Tue	7:07	3.0	7:48	3.5	1:33	0.6	1:52	0.2	4:25	7:37	
27	Wed	8:03	2.9	8:40	3.5	2:33	0.5	2:42	0.3	4:26	7:37	
28	Thu	9:02	2.8	9:32	3.5	3:26	0.5	3:29	0.4	4:26	7:37	
29	Fri	9:58	2.7	10:19	3.6	4:16	0.4	4:14	0.5	4:27	7:37	
30	Sat	10:47	2.8	11:02	3.6	5:03	0.3	4:58	0.5	4:27	7:37	