US HARBORS www.USHarbors.com

Poughkeepsie, NY - Aug 1708

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:01	3.6	12:32	3.0	6:48	0.2	6:47	0.5	4:53	7:17	
2	Thu	12:37	3.6	1:10	3.0	7:27	0.2	7:28	0.5	4:54	7:16	
3	Fri	1:12	3.5	1:46	3.1	8:03	0.1	8:06	0.5	4:55	7:15	
4	Sat	1:45	3.5	2:21	3.1	8:36	0.1	8:42	0.6	4:56	7:14	
5	Sun	2:18	3.4	2:54	3.1	9:07	0.2	9:17	0.6	4:57	7:12	
6	Mon	2:54	3.3	3:30	3.2	9:36	0.2	9:56	0.7	4:58	7:11	
7	Tue	3:37	3.1	4:12	3.3	10:08	0.3	10:44	0.7	4:59	7:10	
8	Wed	4:26	3.0	4:59	3.4	10:47	0.4	11:52	0.8	5:00	7:09	
9	Thu	5:21	2.9	5:51	3.5	11:39	0.5			5:01	7:07	
10	Fri	6:20	2.8	6:49	3.6	1:11	0.8	12:50	0.5	5:02	7:06	
11	Sat	7:28	2.8	7:57	3.7	2:22	0.6	2:06	0.5	5:03	7:05	
12	Sun	8:45	2.9	9:12	3.8	3:25	0.4	3:15	0.4	5:04	7:03	
13	Mon	9:56	3.1	10:18	4.0	4:22	0.2	4:17	0.2	5:05	7:02	
14	Tue	10:56	3.3	11:14	4.1	5:17	0.0	5:16	0.0	5:06	7:01	
15	Wed	11:50	3.6			6:09	-0.2	6:13	-0.1	5:07	6:59	
16	Thu	12:06	4.2	12:41	3.7	7:00	-0.4	7:08	-0.1	5:08	6:58	
17	Fri	12:56	4.1	1:33	3.8	7:47	-0.4	7:59	-0.1	5:09	6:56	
18	Sat	1:46	4.0	2:24	3.8	8:32	-0.4	8:48	0.0	5:10	6:55	
19	Sun	2:37	3.8	3:16	3.8	9:15	-0.2	9:36	0.2	5:11	6:53	
20	Mon	3:30	3.5	4:07	3.7	9:58	0.0	10:27	0.4	5:12	6:52	
21	Tue	4:23	3.3	4:57	3.6	10:44	0.3	11:24	0.6	5:13	6:50	
22	Wed	5:16	3.0	5:46	3.4	11:34	0.6			5:14	6:49	
23	Thu	6:07	2.8	6:35	3.3	12:27	0.8	12:31	0.8	5:16	6:47	
24	Fri	7:01	2.7	7:28	3.2	1:30	0.9	1:31	0.9	5:17	6:46	
25	Sat	8:01	2.6	8:26	3.2	2:30	0.8	2:28	1.0	5:18	6:44	
26	Sun	9:03	2.6	9:25	3.3	3:23	0.8	3:21	0.9	5:19	6:42	
27	Mon	9:59	2.7	10:15	3.4	4:10	0.7	4:09	0.8	5:20	6:41	
28	Tue	10:46	2.9	10:58	3.5	4:54	0.5	4:55	0.7	5:21	6:39	
29	Wed	11:26	3.1	11:36	3.6	5:35	0.4	5:39	0.6	5:22	6:38	
30	Thu			12:03	3.2	6:15	0.3	6:22	0.5	5:23	6:36	
31	Fri	12:11	3.6	12:36	3.3	6:53	0.2	7:03	0.4	5:24	6:34	